

Scottish Schools Adolescent Lifestyle and Substance Use Survey (SALSUS)

FAMILY, HEALTH, SCHOOL AND LIFESTYLE TABLES FOR 13 AND 15 YEAR OLDS MIDLOTHIAN, 2002

Candace Currie, Joan Corbett, Dorothy Currie, Patricia Akhtar

A survey undertaken by the Child and Adolescent Health Research Unit (CAHRU), The University of Edinburgh, commissioned by the Information and Statistics Division (ISD Scotland) on behalf of the Scottish Executive.

Scottish Schools Adolescent Lifestyle and Substance Use Survey

1 Introduction

These tables present a profile of the health, lifestyles and social circumstances of 13 and 15 year old pupils attending schools in the Midlothian Council area. These data are part of the findings from the Scottish Schools Adolescent Lifestyle and Substance Use Survey (SALSUS)¹ carried out in Spring 2002. The tables are presented by gender and are split into four main sections:

Family: family structure, family affluence, parents' occupational status, ethnicity.

Health: level of physical activity, body image and dieting, eating patterns, general health, life satisfaction, symptoms experienced, sexual health (15 year old pupils only).

School: attitudes to school, truancy and exclusion, relationship with other pupils, expectations on leaving school.

Friends and leisure activities: time spent with friends, time spend on other leisure activities, amount of money available to spend, amount of money spent on tobacco, alcohol or drugs.

2 Previous reports from SALSUS 2002

Findings were issued in February 2003 on the prevalence of smoking, drinking and drug use among pupils in Midlothian. The report also covered the availability of cigarettes, alcohol and drugs and the behavior and attitudes of pupils and their families in relation to smoking, drinking and drug use.

A national report describing smoking, drinking and drug use among pupils in the context of other adolescent lifestyle and social circumstances was published in November 2003².

3 Background

SALSUS 2002 continues the series of school surveys in England and Scotland which began in 1982³ and provide national estimates of the proportion of young people in school who smoke, drink and/or use illegal drugs. The SALSUS survey was developed in Scotland to provide a broad based approach to the monitoring of substance use among young people in the context of other lifestyle, health and social factors. The survey combined, for the first time, the biennial survey questions on prevalence and patterns of substance use with questions covering aspects of pupils' health, family and friends, leisure activities and attitudes to school⁴. One of the main aims of the survey was to provide local information to Drug and Alcohol Action Teams, local authorities and NHS Boards which had not been available previously in the UK survey series.

4 Sample design

SALSUS 2002 required a larger sample of pupils than previous surveys in this series to ensure adequate precision of estimates of prevalence in local areas. Mainly for reasons of cost and the workload burden on schools it was not feasible to survey pupils in S1-S4 inclusive, as was the practice in previous years. Consequently the survey sampled pupils from only two school years: S2 and S4 (23,000 pupils completed questionnaires). For the purpose of reporting, S2 pupils are referred to as '13 year olds' and S4 pupils referred to as '15 year olds' throughout the survey reports.⁵

The survey fieldwork was carried out in the 2002 Spring term in parallel with the Health Behaviour in School-aged Children (HBSC)⁶ survey. Each participating school was requested to administer a confidential questionnaire to each pupil in selected classes. The methods used to select the schools and the number of classes ensured that within each local authority every eligible pupil had an equal chance of being included in the study. All pupils in S2 and S4 attending local authority and independently funded schools were eligible for inclusion in the study, with the exception of pupils attending special schools or schools with very few pupils.

5 Local response rates

The SALSUS 2002 survey of Midlothian was designed to have a final sample size of 780 pupils, split equally between S2 and S4. This constituted approximately 35% of the pupils eligible to be included in the study. Response rates are based on class and pupil participation rates. In total, 56 classes in Midlothian were selected to participate, and 34 classes (61%) took part. The overall pupil response rate within classes was 90%. The main reason for pupil non-response was absence due to illness. The final survey response in Midlothian, based on the class and pupil response rate, was therefore 55%. This is lower than the overall national response rate for SALSUS 2002 of 65%. The final sample size was 608 pupils, 27% of the eligible pupils in Midlothian.

6 Notes on the derivation of the social, health and lifestyle factors

Most of the tables show the responses to the questions as presented to the pupils in the SALSUS 2002 questionnaires⁷. However, some of the tables contain summaries of questions or were derived from the answers to more than one question. The following notes describe how the data contained in these tables was derived.

6.1 Family structure (Table 1.1)

Family structure was derived from pupils' responses to a question where they were asked to indicate which of a list of people lived in their 'main or only home' or their 'second home'. For this report the responses for 'main home' were summarised to indicate whether a pupil was living in their main home with both parents, with a parent and step-parent, with a single parent or in some other situation, for example with other relatives, such as grandparents, or in a foster home.

6.2 Family affluence (Table 1.2)

The family affluence scale was developed by the HBSC study and is used in its series of surveys as an objective measure of family material wealth. It was constructed from the responses to questions on car ownership, family holidays and own bedroom, the latter item was included as an indicator of overcrowding. The additive scale (maximum score 6) from these items is grouped into low affluence (score of 0 to 2), medium affluence (score of 3 to 4) and high affluence (score of 5 and over).

6.3 Occupational status (Table 1.3)

The occupational status of pupils' parents, based on the 1991 Registrar General's occupational social class groups, was coded from the responses to a set of questions about their parents' jobs. If a pupil had not given their father's details or if their mother's occupational status was higher, mother's occupational status was used. For example, if father was classified as 'not working' then mother's occupational status would be used. Where neither parent was working the pupil's family occupational status was coded to 'not working'.

6.4 Physical activity (Table 2.1)

Current government guidelines indicate that young people should take part in moderate activity for at least one hour a day on 5 or more days a week. Pupils were asked on how many days they took part in any activity that 'increases your heart rate and makes you get out of breath some of the time' for at least 60 minutes. To obtain a more complete picture, pupils were asked about the last 7 days and about a typical or usual week and both replies were used to calculate the mean number of days pupils were active for at least 60 minutes. The pupils were classified as being active on five days or more, on one to four days or on no days.

6.5 Health and well-being (Tables 2.13 – 2.25)

Pupils were asked a question designed to assess their current life satisfaction from which a score was derived ranging in value from a minimum of 6 to a maximum of 24. The question was made up of four positive statements ('I like the way things are going for me', 'My life is going well', 'I have a good life' and 'I feel good about what is happening to me') and two negative statements ('I would like to change many things in my life' and 'I wish I had a different kind of life'). Table 2.13 presents the mean level of life satisfaction reported.

Pupils were given a list of subjective health complaints and asked to indicate how often they had experienced them in the last six months. The response to each question is given in tables 2.14 to 2.24. A count was made of the number of subjective health complaints pupils reported having weekly or more often. Pupils who reported having more than one symptom weekly or more often were classified as having 'multiple recurrent health complaints', summarised in table 2.25.

7 Smoking, drinking and drug use in the context of social, health and lifestyle factors

The SALSUS study was designed to have the power to detect associations between smoking, drinking and drug use and lifestyle factors at a national level. The local sample sizes, although large enough for prevalence estimates to be robust, are not large enough to detect whether associations between lifestyle and substance use behaviour at local levels differ from those found nationally. However, these broad relationships are likely to hold at local level. A summary of the associations found

between individual lifestyle factors and smoking, drinking and drug use at national level is given below.

7.1 Associations between smoking, drinking and drug use and social, health and lifestyle factors found at national level in Scotland in 2002

It should be noted that lifestyle factors are inter-related and that the SALSUS 2002 National Report did not explore these relationships. Due to the cross sectional nature of the survey, any associations found between individual lifestyle factors and substance use should not be taken to imply any direct or indirect causal relationship.

In the following sections, smoking refers to regular smoking (one or more cigarette every week), drinking refers to drinking in the week before the survey, and drug use refers to drug use in the month before the survey.

7.1.1 Family

There was a higher prevalence of smoking and drug use among pupils living in step-families or in single-parent families than among pupils living with both parents. Family structure was less related to drinking behaviour. Girls from low affluence families were more likely than girls from higher affluence families to be regular smokers, but this association was not found for boys. Among boys, drinking in the week before the survey was associated with higher family affluence but being drunk was associated with lower family affluence. Girls' drinking did not vary with family affluence. Parents' occupational status was related to smoking among both boys and girls; pupils with parents in lower occupational status groups were more likely to be regular smokers. Occupational status was less closely related to pupils' drinking and drug use, and only significant among girls. Girls whose parents were in lower occupational status groups were more likely to drink or use drugs.

7.1.2 Health-related factors

Boys who were non-smokers were more likely to meet the government guidelines for physical activity (moderate activity for at least one hour a day on 5 or more days a week) than boys who were regular smokers. This association was not found among girls. No association was found between drug use or drinking and physical activity for either girls or boys. Girls who smoked, drank or used drugs were more likely to report negative body image or to be on a diet. These associations were not found among boys. Pupils who were regular smokers or used drugs were more likely than non-smokers or pupils who had never used drugs to report that their health was 'poor' or 'fair' rather than 'good' or excellent'. Among girls (but not boys) drinking was associated with reported 'poor' or 'fair' health rather than 'good' or excellent' health. Pupils who smoked, drank or used drugs generally reported lower levels of life satisfaction than pupils who were non-smokers, did not drink or had never used drugs. A higher proportion of pupils who smoked, drank or took drugs reported that they had had sexual intercourse.

7.1.3 School

Pupils who reported smoking, drinking or using drugs were more likely to report negative attitudes to school, including their academic achievement. Pupils who smoked, drank or took drugs were more likely to report that they played truant frequently or that they had been excluded from school and were less likely to report that they expected to go on to further education after leaving school.

7.1.4 Friendships and leisure activities

Pupils who spent most evenings with their friends were also more likely to report smoking, drinking or drug use. Pupils who reported that they attended organised

activities once a week or more were less likely to report that they smoked or used drugs than pupils who did not take part in organised activities. Girls who reported that they attended organised activities were less likely to have drunk alcohol but this association was not found among boys. Pupils who reported that they 'hang around the street' every day or most days were more likely to report smoking, drinking or using drugs.

¹ SALSUS was undertaken by the Child and Adolescent Health Research Unit (CAHRU) of The University of Edinburgh in conjunction with the Health Behaviour in School Children (HBSC) survey research in 2002. SALSUS was commissioned by ISD Scotland Substance Misuse Programme on behalf of the Scottish Executive. Further information on CAHRU and HBSC can be found at <http://www.education.ed.ac.uk/cahru/index.html> and further information on the ISD Scotland Substance Misuse Programme can be found at <http://www.alcoholinformation.isdscotland.org>

² All reports from the SALSUS 2002 survey can be found on the Drug Misuse Information web site at <http://www.drugmisuse.isdscotland.org/publications/abstracts/salsus.htm>

³ The first survey in the series of biennial school surveys commissioned by the Scottish Executive was carried out in 1982 to obtain information on smoking prevalence and behaviour. From 1990 the surveys have included questions on alcohol and from 1998 questions on drugs. Until 1998 the surveys were carried out by ONS; the 2000 survey was undertaken by the National Centre for Social Research (NCSR) and the National Foundation for Educational Research (NFER).

⁴ A full description of the survey design, methodology and the survey questions and their sources can be found in the SALSUS research protocol:

<http://www.drugmisuse.isdscotland.org/publications/abstracts/salsus/protocol.pdf>

⁵ As in previous surveys in this series 16 year olds are included in the '15 year old' age group. The '13 year old' group also includes 14 year olds. The pupils in S2 have an average age of 13 years 7 months, and 14% are 14 years old (5% more than 14 years 1 month, 2% older than 14 years 2 months). The pupils in S4 have an average age of 15 years 7 months, and 17% are 16 years old (5% more than 16 years 1 month, 3% more than 16 years 2 months). The average age of the SALSUS '13 year old' and '15 year old' groups is not significantly different from that of '13' and '15' year old age groups cited in previous reports (average age 13 years 6 months and 15 years 6 months respectively).

⁶ Health Behaviour in School-aged Children (HBSC) Survey, undertaken every four years since 1990 as part of the HBSC World Health Organisation Collaborative Cross-National Study <http://www.hbsc.org>

⁷ The SALSUS 2002 S4 questionnaire can be found at <http://www.drugmisuse.isdscotland.org/publications/abstracts/salsus.htm>

Precision of estimates

The figures presented in the tables are estimates, since the data are from only one of many possible samples that could have been drawn from the target population. The tables below provide approximate 95% confidence intervals for a range of proportions assuming a particular sample size. Confidence intervals indicate the range of values within which the true population figure should fall.

The two tables below are presented with assumed sample sizes of 550 and 275 respectively, reflecting the number of pupils answering each question in the sample from Midlothian as a whole, and when each gender is considered alone. A design factor value of 1.2 has been assumed to take account of the complex nature of the sampling procedure. The confidence intervals are symmetrical about 50% (such that the confidence interval for both 30% and 70% is $\pm 4.6\%$). For example, if the estimated proportion of pupils who perceived they had 'excellent health' was 20%, the 95% confidence interval is $\pm 4.0\%$ and the true population figure for Midlothian would be somewhere between 16% and 24%.

Table A: Approximate 95% confidence intervals (assumed sample size of 550 pupils)

Proportion of interest (%)	Confidence Interval (%)
5	± 2.2
10	± 3.0
15	± 3.6
20	± 4.0
25	± 4.3
30	± 4.6
35	± 4.8
40	± 4.9
45	± 5.0
50	± 5.0

Table B: Approximate 95% confidence intervals (assumed sample size of 275 pupils)

Proportion of interest (%)	Confidence Interval (%)
5	± 3.1
10	± 4.3
15	± 5.1
20	± 5.7
25	± 6.1
30	± 6.5
35	± 6.8
40	± 6.9
45	± 7.1
50	± 7.1

Table Contents

Family Tables 1.1 – 1.7	1 - 2
Health Tables 2.1 – 2.29	3 - 20
School Tables 3.1 – 3.9	21 - 26
Friends and leisure activities Tables 4.1 – 4.25	27 - 44

Notes to the tables

- percentages may not add up to 100 because of rounding
- some children did not answer each question, these 'no answers' have been excluded from the analyses and so the tables that describe the same population may have varying bases
- the following conventions have been used in the tables,
0 = less than 0.5 but not 0
- = 0
- some percentages, particularly where numbers are broken down by age group or gender, may be based on a small number of pupils and should therefore be treated with caution as apparent differences may not be statistically significant

1. FAMILY

Table 1.1: Family structure¹

	Midlothian %	National %
Single parent	16	17
Step family	15	12
Both parents	68	69
Other	1	1
<i>Bases</i>	589	22434

Base=all pupils

¹ see section 6.1 for definition

Table 1.2: Family affluence levels²

	Midlothian %	National %
Low	18	22
Medium	53	49
High	28	28
<i>Bases</i>	599	22550

Base=all pupils

² see section 6.2 for definition

Table 1.3: Parents' occupational status³

	Midlothian %	National %
Professional	6	8
Managerial and technical	37	34
Skilled non-manual	17	18
Skilled manual	18	17
Partly skilled manual	7	8
Unskilled manual	4	3
Not working	10	13
<i>Bases</i>	554	20685

Base=all pupils

³ see section 6.3 for definition

Note: The national and local percentages shown in all tables are weighted figures.

Tables 1.1, 1.3 and 1.4 are therefore not comparable with table 1.6-1.8 in the SALSUS 2002 National Report

Table 1.4: Ethnicity of pupils

	Midlothian %	National %
Bangladeshi	0.5	0.1
Black African	-	0.3
Black Caribbean	0.2	0.1
Black Other	0.5	0.2
Chinese	1.0	0.5
Indian	0.7	0.4
Pakistani	1.2	1.0
White	93.6	95.3
Mixed	1.2	0.9
Other	1.2	1.2
<i>Bases</i>	593	22676

Base=all pupils

Table 1.5: Number of family cars/vans owned by pupils' families

	Midlothian %	National %
No cars/vans	9	11
One car/van	42	42
More than one car/van	49	47
<i>Bases</i>	600	22639

Base=all pupils

Table 1.6: Whether pupils have their own bedroom

	Midlothian %	National %
No, does not have own bedroom	23	20
Yes, has own bedroom	77	80
<i>Bases</i>	602	22668

Base=all pupils

Table 1.7: Number of computers owned by pupils' families

	Midlothian %	National %
None	10	10
One	51	51
Two	25	24
More than two	14	15
<i>Bases</i>	601	22679

Base=all pupils

2 HEALTH RELATED TOPICS INCLUDING EXERCISE AND DIET

2A PHYSICAL ACTIVITY/EXERCISE

Table 2.1 Number of days per week taking part in moderate physical activity¹

	Midlothian %	National %
Boys		
Five or more days	42	44
One to four days	57	55
No days	1	1
<i>Bases</i>	303	11252
Girls		
Five or more days	23	26
One to four days	75	72
No days	2	2
<i>Bases</i>	295	11371
Both		
Five or more days	33	35
One to four days	66	63
No days	2	2
<i>Bases</i>	598	22623

Base=all pupils

¹ see section 6.4 for definition

2B DIET

Table 2.2 Pupils' perception of their body size

	Midlothian %	National %
Boys		
Much too thin	3	2
A bit too thin	18	17
About the right size	55	56
A bit too fat	21	23
Much too fat	2	2
<i>Bases</i>	308	11351
Girls		
Much too thin	4	2
A bit too thin	11	9
About the right size	43	45
A bit too fat	36	38
Much too fat	7	6
<i>Bases</i>	298	11532
Both		
Much too thin	3	2
A bit too thin	15	13
About the right size	49	50
A bit too fat	28	31
Much too fat	4	4
<i>Bases</i>	606	22883

Base=all pupils

Table 2.3 Whether pupils are on a diet

	Midlothian %	National %
Boys		
No, my weight is fine	66	65
No, but need to lose some weight	15	17
No, I need to put on weight	8	8
Yes, on a diet	11	9
<i>Bases</i>	308	11457
Girls		
No, my weight is fine	41	42
No, but need to lose some weight	27	27
No, I need to put on weight	7	5
Yes, on a diet	26	26
<i>Bases</i>	298	11566
Both		
No, my weight is fine	53	54
No, but need to lose some weight	21	22
No, I need to put on weight	8	6
Yes, on a diet	18	18
<i>Bases</i>	606	23023

Base=all pupils

Table 2.4 How often pupils have breakfast in a normal week

	Midlothian %	National %
Boys		
Every day	56	57
4 - 6 days a week	14	14
1 - 3 days a week	11	13
Hardly ever/never	19	17
<i>Bases</i>	308	11442
Girls		
Every day	32	39
4 - 6 days a week	17	13
1 - 3 days a week	15	16
Hardly ever/never	36	32
<i>Bases</i>	299	11596
Both		
Every day	44	48
4 - 6 days a week	16	13
1 - 3 days a week	13	15
Hardly ever/never	27	25
<i>Bases</i>	607	23038

Base=all pupils

Table 2.5 How often pupils eat fruit

	Midlothian %	National %
Boys		
Never	6	5
Less than once a week	11	12
Once a week	14	14
2 - 4 days a week	29	32
5 - 6 days a week	17	14
Once a day, every day	8	11
Every day more than once	15	12
<i>Bases</i>	306	11355
Girls		
Never	3	3
Less than once a week	10	10
Once a week	13	12
2 - 4 days a week	33	29
5 - 6 days a week	14	15
Once a day, every day	11	13
Every day more than once	16	17
<i>Bases</i>	299	11540
Both		
Never	4	4
Less than once a week	10	11
Once a week	14	13
2 - 4 days a week	31	31
5 - 6 days a week	16	14
Once a day, every day	9	12
Every day more than once	15	15
<i>Bases</i>	605	22895

Base=all pupils

Table 2.6 How often pupils eat vegetables

	Midlothian %	National %
Boys		
Never	11	9
Less than once a week	10	8
Once a week	11	10
2 - 4 days a week	24	26
5 - 6 days a week	22	19
Once a day, every day	12	16
Every day more than once	11	12
<i>Bases</i>	<i>304</i>	<i>11249</i>
Girls		
Never	4	6
Less than once a week	7	7
Once a week	9	9
2 - 4 days a week	28	23
5 - 6 days a week	21	20
Once a day, every day	19	20
Every day more than once	12	16
<i>Bases</i>	<i>294</i>	<i>11435</i>
Both		
Never	8	7
Less than once a week	8	8
Once a week	10	10
2 - 4 days a week	26	25
5 - 6 days a week	21	20
Once a day, every day	16	18
Every day more than once	11	14
<i>Bases</i>	<i>598</i>	<i>22684</i>

Base=all pupils

Table 2.7 How often pupils eat sweets or chocolate

	Midlothian %	National %
Boys		
Never	1	1
Less than once a week	5	4
Once a week	8	6
2 - 4 days a week	18	22
5 - 6 days a week	22	22
Once a day, every day	16	20
Every day more than once	30	26
<i>Bases</i>	306	11359
Girls		
Never	1	1
Less than once a week	5	4
Once a week	8	7
2 - 4 days a week	25	23
5 - 6 days a week	18	21
Once a day, every day	22	21
Every day more than once	21	23
<i>Bases</i>	299	11514
Both		
Never	1	1
Less than once a week	5	4
Once a week	8	6
2 - 4 days a week	21	22
5 - 6 days a week	20	21
Once a day, every day	19	21
Every day more than once	26	25
<i>Bases</i>	605	22873

Base=all pupils

Table 2.8 How often pupils eat biscuits, cakes or pastries

	Midlothian %	National %
Boys		
Never	4	3
Less than once a week	8	11
Once a week	14	16
2 - 4 days a week	24	28
5 - 6 days a week	18	18
Once a day, every day	15	12
Every day more than once	17	12
<i>Bases</i>	<i>308</i>	<i>11381</i>
Girls		
Never	3	3
Less than once a week	16	16
Once a week	19	18
2 - 4 days a week	29	29
5 - 6 days a week	15	15
Once a day, every day	10	10
Every day more than once	9	8
<i>Bases</i>	<i>297</i>	<i>11530</i>
Both		
Never	3	3
Less than once a week	12	14
Once a week	16	17
2 - 4 days a week	26	29
5 - 6 days a week	17	17
Once a day, every day	12	11
Every day more than once	13	10
<i>Bases</i>	<i>605</i>	<i>22911</i>

Base=all pupils

Table 2.9 How often pupils eat potato crisps

	Midlothian %	National %
Boys		
Never	3	4
Less than once a week	9	9
Once a week	9	10
2 - 4 days a week	24	24
5 - 6 days a week	18	21
Once a day, every day	16	18
Every day more than once	21	16
<i>Bases</i>	<i>307</i>	<i>11354</i>
Girls		
Never	4	3
Less than once a week	10	9
Once a week	9	9
2 - 4 days a week	21	23
5 - 6 days a week	18	19
Once a day, every day	23	21
Every day more than once	15	15
<i>Bases</i>	<i>297</i>	<i>11490</i>
Both		
Never	3	4
Less than once a week	10	9
Once a week	9	9
2 - 4 days a week	23	24
5 - 6 days a week	18	20
Once a day, every day	19	19
Every day more than once	18	15
<i>Bases</i>	<i>604</i>	<i>22844</i>

Base=all pupils

Table 2.10 How often pupils eat chips or fried potatoes

	Midlothian %	National %
Boys		
Never	2	3
Less than once a week	7	11
Once a week	19	18
2 - 4 days a week	29	32
5 - 6 days a week	20	18
Once a day, every day	11	10
Every day more than once	11	8
<i>Bases</i>	<i>308</i>	<i>11349</i>
Girls		
Never	4	4
Less than once a week	17	16
Once a week	17	19
2 - 4 days a week	34	33
5 - 6 days a week	15	16
Once a day, every day	8	8
Every day more than once	6	5
<i>Bases</i>	<i>297</i>	<i>11480</i>
Both		
Never	3	3
Less than once a week	12	14
Once a week	18	19
2 - 4 days a week	31	33
5 - 6 days a week	18	17
Once a day, every day	10	9
Every day more than once	8	6
<i>Bases</i>	<i>605</i>	<i>22829</i>

Base=all pupils

Table 2.11 How often pupils drink coke or other soft drinks with sugar

	Midlothian %	National %
Boys		
Never	1	2
Less than once a week	5	4
Once a week	5	5
2 - 4 days a week	12	15
5 - 6 days a week	13	16
Once a day, every day	16	17
Every day more than once	48	41
<i>Bases</i>	<i>308</i>	<i>11384</i>
Girls		
Never	6	4
Less than once a week	10	9
Once a week	8	7
2 - 4 days a week	14	16
5 - 6 days a week	12	14
Once a day, every day	16	16
Every day more than once	35	35
<i>Bases</i>	<i>298</i>	<i>11546</i>
Both		
Never	3	3
Less than once a week	8	7
Once a week	6	6
2 - 4 days a week	13	15
5 - 6 days a week	13	15
Once a day, every day	16	16
Every day more than once	41	38
<i>Bases</i>	<i>606</i>	<i>22930</i>

Base=all pupils

2C GENERAL HEALTH

Table 2.12 Pupils' perception of their health

	Midlothian %	National %
Boys		
Excellent	20	26
Good	55	57
Fair	22	15
Poor	3	2
<i>Bases</i>	307	11394
Girls		
Excellent	8	11
Good	64	61
Fair	25	24
Poor	4	3
<i>Bases</i>	299	11565
Both		
Excellent	14	19
Good	59	59
Fair	23	19
Poor	3	3
<i>Bases</i>	606	22959

Base=all pupils

Table 2.13 Pupils' life satisfaction¹

	Midlothian mean (s.d)	National mean (s.d)
Boys		
Mean life satisfaction score	17.7 (3.6)	18.0 (3.8)
<i>Bases</i>	286	10822
Girls		
Mean life satisfaction score	16.4 (4.2)	16.7 (4.2)
<i>Bases</i>	291	11075
Both		
Mean life satisfaction score	17.1 (4.0)	17.4 (4.1)
<i>Bases</i>	577	21897

Base=all pupils

¹ see section 6.5 for definition

Table 2.14 How often pupils have headaches

	Midlothian %	National %
Boys		
About every day	3	2
More than once a week	8	7
About every week	10	9
About every month	18	23
Hardly ever	62	60
<i>Bases</i>	304	11253
Girls		
About every day	4	5
More than once a week	19	14
About every week	14	14
About every month	20	24
Hardly ever	44	43
<i>Bases</i>	298	11499
Both		
About every day	3	4
More than once a week	13	11
About every week	12	11
About every month	19	23
Hardly ever	53	51
<i>Bases</i>	602	22752

Base=all pupils

Table 2.15 How often pupils have stomach ache

	Midlothian %	National %
Boys		
About every day	3	1
More than once a week	4	3
About every week	9	5
About every month	16	19
Hardly ever	69	71
<i>Bases</i>	304	11206
Girls		
About every day	5	3
More than once a week	8	8
About every week	6	9
About every month	50	47
Hardly ever	31	34
<i>Bases</i>	296	11474
Both		
About every day	4	2
More than once a week	6	6
About every week	7	7
About every month	33	33
Hardly ever	50	52
<i>Bases</i>	600	22680

Base=all pupils

Table 2.16 How often pupils have back ache

	Midlothian %	National %
Boys		
About every day	4	3
More than once a week	5	4
About every week	7	6
About every month	14	14
Hardly ever	70	73
<i>Bases</i>	304	11134
Girls		
About every day	4	3
More than once a week	5	5
About every week	7	6
About every month	22	18
Hardly ever	62	68
<i>Bases</i>	296	11408
Both		
About every day	4	3
More than once a week	5	4
About every week	7	6
About every month	18	16
Hardly ever	66	70
<i>Bases</i>	600	22542

Base=all pupils

Table 2.17 How often pupils feel low

	Midlothian %	National %
Boys		
About every day	5	3
More than once a week	7	5
About every week	7	8
About every month	16	22
Hardly ever	65	60
<i>Bases</i>	302	11108
Girls		
About every day	8	7
More than once a week	12	10
About every week	15	13
About every month	32	29
Hardly ever	32	40
<i>Bases</i>	294	11386
Both		
About every day	7	5
More than once a week	10	8
About every week	11	11
About every month	24	26
Hardly ever	49	50
<i>Bases</i>	596	22494

Base=all pupils

Table 2.18 How often pupils feel irritable or bad tempered

	Midlothian %	National %
Boys		
About every day	10	8
More than once a week	10	12
About every week	14	17
About every month	23	23
Hardly ever	44	39
<i>Bases</i>	302	11208
Girls		
About every day	9	9
More than once a week	17	14
About every week	19	16
About every month	32	33
Hardly ever	23	27
<i>Bases</i>	296	11445
Both		
About every day	10	9
More than once a week	14	13
About every week	16	17
About every month	27	28
Hardly ever	33	33
<i>Bases</i>	598	22653

Base=all pupils

Table 2.19 How often pupils feel nervous

	Midlothian %	National %
Boys		
About every day	5	4
More than once a week	8	7
About every week	13	13
About every month	22	24
Hardly ever	52	52
<i>Bases</i>	303	11173
Girls		
About every day	9	6
More than once a week	9	9
About every week	13	15
About every month	18	21
Hardly ever	51	49
<i>Bases</i>	296	11441
Both		
About every day	7	5
More than once a week	9	8
About every week	13	14
About every month	20	22
Hardly ever	51	51
<i>Bases</i>	599	22614

Base=all pupils

Table 2.20 How often pupils have difficulty in sleeping

	Midlothian %	National %
Boys		
About every day	9	7
More than once a week	9	7
About every week	8	9
About every month	13	14
Hardly ever	61	61
<i>Bases</i>	303	11208
Girls		
About every day	10	10
More than once a week	9	11
About every week	10	10
About every month	15	14
Hardly ever	56	55
<i>Bases</i>	295	11471
Both		
About every day	10	9
More than once a week	9	9
About every week	9	10
About every month	14	14
Hardly ever	58	58
<i>Bases</i>	598	22679

Base=all pupils

Table 2.21 How often pupils feel dizzy

	Midlothian %	National %
Boys		
About every day	4	3
More than once a week	7	5
About every week	6	6
About every month	15	14
Hardly ever	68	73
<i>Bases</i>	304	11174
Girls		
About every day	5	4
More than once a week	6	7
About every week	7	8
About every month	17	17
Hardly ever	66	64
<i>Bases</i>	296	11454
Both		
About every day	4	3
More than once a week	6	6
About every week	6	7
About every month	16	15
Hardly ever	67	68
<i>Bases</i>	600	22628

Base=all pupils

Table 2.22 How often pupils have neck pain or shoulder pain

	Midlothian %	National %
Boys		
About every day	4	3
More than once a week	4	4
About every week	7	6
About every month	12	15
Hardly ever	72	71
<i>Bases</i>	304	11181
Girls		
About every day	4	3
More than once a week	5	5
About every week	7	6
About every month	11	14
Hardly ever	73	72
<i>Bases</i>	295	11446
Both		
About every day	4	3
More than once a week	4	5
About every week	7	6
About every month	12	15
Hardly ever	72	71
<i>Bases</i>	599	22627

Base=all pupils

Table 2.23 How often pupils feel afraid

	Midlothian %	National %
Boys		
About every day	2	2
More than once a week	4	2
About every week	2	4
About every month	12	11
Hardly ever	80	82
<i>Bases</i>	300	11132
Girls		
About every day	5	3
More than once a week	2	4
About every week	4	5
About every month	10	13
Hardly ever	79	76
<i>Bases</i>	299	11429
Both		
About every day	3	2
More than once a week	3	3
About every week	3	4
About every month	11	12
Hardly ever	79	79
<i>Bases</i>	599	22561

Base=all pupils

Table 2.24 How often pupils feel tired and exhausted

	Midlothian %	National %
Boys		
About every day	14	11
More than once a week	11	14
About every week	17	20
About every month	20	21
Hardly ever	37	34
<i>Bases</i>	305	11234
Girls		
About every day	18	15
More than once a week	14	15
About every week	24	21
About every month	17	22
Hardly ever	27	27
<i>Bases</i>	296	11485
Both		
About every day	16	13
More than once a week	13	15
About every week	20	20
About every month	19	22
Hardly ever	32	31
<i>Bases</i>	601	22719

Base=all pupils

Table 2.25 Multiple health complaints¹

	Midlothian %	National %
Boys		
Multiple health complaints not reported	69	73
Multiple health complaints reported	31	27
<i>Bases</i>	308	11482
Girls		
Multiple health complaints not reported	59	60
Multiple health complaints reported	41	40
<i>Bases</i>	300	11608
Both		
Multiple health complaints not reported	64	66
Multiple health complaints reported	36	34
<i>Bases</i>	608	23090

Base=all pupils

¹ whether pupils reported experiencing more than one of the symptoms in tables 2.14 - 2.24 weekly or more often

2D SEXUAL HEALTH

Table 2.26 Whether pupils have ever had sexual intercourse

	Midlothian %	National %
Boys		
Yes, had sexual intercourse	40	29
No, never had sexual intercourse	60	71
<i>Bases</i>	129	5043
Girls		
Yes, had sexual intercourse	37	34
No, never had sexual intercourse	63	66
<i>Bases</i>	141	5095
Both		
Yes, had sexual intercourse	39	32
No, never had sexual intercourse	61	68
<i>Bases</i>	270	10138

Base=all 15 year old pupils

Table 2.27 Whether pupils used any contraception last time they had sexual intercourse

	Midlothian %	National %
Boys		
Yes, used contraception	79	81
No, did not use contraception	21	19
<i>Bases</i>	52	1443
Girls		
Yes, used contraception	77	78
No, did not use contraception	23	22
<i>Bases</i>	52	1731
Both		
Yes, used contraception	78	79
No, did not use contraception	22	21
<i>Bases</i>	104	3174

Base=all 15 year old pupils who had sexual intercourse

Table 2.28 Whether pupils used a condom last time they had sexual intercourse

	Midlothian %	National %
Boys		
Yes, used a condom	76	76
No, did not a condom	-	4
Not answered	24	19
<i>Bases</i>	41	1171
Girls		
Yes, used a condom	80	76
No, did not a condom	-	5
Not answered	20	19
<i>Bases</i>	40	1375
Both		
Yes, used a condom	78	76
No, did not a condom	-	5
Not answered	22	19
<i>Bases</i>	81	2546

Base=all 15 year old pupils who had used contraception

Table 2.29 Whether pupils used birth control pill last time they had sexual intercourse

	Midlothian %	National %
Boys		
Yes, used birth control pill	17	25
No, did not use birth control pill	20	15
Not answered	63	60
<i>Bases</i>	41	1171
Girls		
Yes, used birth control pill	35	31
No, did not use birth control pill	10	16
Not answered	55	53
<i>Bases</i>	40	1375
Both		
Yes, used birth control pill	26	28
No, did not use birth control pill	15	16
Not answered	59	56
<i>Bases</i>	81	2546

Base=all 15 year old pupils who had used contraception

3 SCHOOL RELATED TOPICS

Table 3.1 Pupils' attitude to school

	Midlothian %	National %
Boys		
I like it a lot	8	17
I like it a bit	49	49
I don't like it very much	24	21
I don't like it at all	18	12
<i>Bases</i>	283	10724
Girls		
I like it a lot	12	19
I like it a bit	48	49
I don't like it very much	26	22
I don't like it at all	14	10
<i>Bases</i>	281	11145
Both		
I like it a lot	10	18
I like it a bit	48	49
I don't like it very much	25	22
I don't like it at all	16	11
<i>Bases</i>	564	21869

Base=all pupils

Table 3.2 Pupils' opinions regarding teachers' perceptions of their school performance

	Midlothian %	National %
Boys		
Very good	18	20
Good	43	44
Average	29	29
Below average	9	7
<i>Bases</i>	282	10669
Girls		
Very good	24	24
Good	42	45
Average	30	26
Below average	4	4
<i>Bases</i>	281	11086
Both		
Very good	21	23
Good	43	44
Average	30	27
Below average	7	6
<i>Bases</i>	563	21755

Base=all pupils

Table 3.3 How pressured pupils feel by school work

	Midlothian %	National %
Boys		
Not at all	21	20
A little	41	44
Some	24	23
A lot	13	13
<i>Bases</i>	<i>284</i>	<i>10667</i>
Girls		
Not at all	14	16
A little	43	43
Some	23	24
A lot	20	17
<i>Bases</i>	<i>282</i>	<i>11078</i>
Both		
Not at all	18	18
A little	42	43
Some	24	23
A lot	17	15
<i>Bases</i>	<i>566</i>	<i>21745</i>

Base=all pupils

Table 3.4 Whether pupils agree that 'the pupils in my class enjoy being together'

	Midlothian %	National %
Boys		
Strongly agree	17	16
Agree	50	50
Neither agree nor disagree	26	28
Disagree	4	4
Strongly disagree	2	1
<i>Bases</i>	282	10631
Girls		
Strongly agree	11	13
Agree	47	48
Neither agree nor disagree	34	33
Disagree	6	5
Strongly disagree	2	1
<i>Bases</i>	278	11056
Both		
Strongly agree	14	15
Agree	49	49
Neither agree nor disagree	30	30
Disagree	5	4
Strongly disagree	2	1
<i>Bases</i>	560	21687

Base=all pupils

Table 3.5 Whether pupils agree that 'most of the pupils in my class are kind and helpful'

	Midlothian %	National %
Boys		
Strongly agree	8	8
Agree	37	39
Neither agree nor disagree	34	33
Disagree	14	15
Strongly disagree	7	6
<i>Bases</i>	282	10624
Girls		
Strongly agree	6	8
Agree	41	43
Neither agree nor disagree	28	30
Disagree	20	15
Strongly disagree	4	3
<i>Bases</i>	279	11044
Both		
Strongly agree	7	8
Agree	39	41
Neither agree nor disagree	31	31
Disagree	17	15
Strongly disagree	5	4
<i>Bases</i>	561	21668

Base=all pupils

Table 3.6 Whether pupils agree that 'other pupils accept me as I am'

	Midlothian %	National %
Boys		
Strongly agree	16	21
Agree	57	52
Neither agree nor disagree	17	16
Disagree	6	6
Strongly disagree	4	4
<i>Bases</i>	280	10593
Girls		
Strongly agree	17	19
Agree	49	53
Neither agree nor disagree	15	17
Disagree	13	8
Strongly disagree	6	4
<i>Bases</i>	279	11033
Both		
Strongly agree	17	20
Agree	53	53
Neither agree nor disagree	16	17
Disagree	9	7
Strongly disagree	5	4
<i>Bases</i>	559	21626

Base=all pupils

Table 3.7 Number of times pupils have truanted in the school year

	Midlothian %	National %
Boys		
None at all	46	57
Once	15	11
Twice	9	10
Three times	7	6
Four times	3	3
Five times	5	3
Between six and ten times	4	3
More than ten times	12	6
<i>Bases</i>	283	10565
Girls		
None at all	50	57
Once	11	12
Twice	12	9
Three times	9	6
Four times	2	3
Five times	5	3
Between six and ten times	5	4
More than ten times	6	6
<i>Bases</i>	281	11008
Both		
None at all	48	57
Once	13	12
Twice	10	9
Three times	8	6
Four times	2	3
Five times	5	3
Between six and ten times	4	3
More than ten times	9	6
<i>Bases</i>	564	21573

Base=all pupils

Table 3.8 Whether pupils have ever been excluded since starting secondary school

	Midlothian %	National %
Boys		
Yes, been excluded	15	13
No, never been excluded	85	87
<i>Bases</i>	279	10391
Girls		
Yes, been excluded	5	6
No, never been excluded	95	94
<i>Bases</i>	278	10913
Both		
Yes, been excluded	10	9
No, never been excluded	90	91
<i>Bases</i>	557	21304

Base=all pupils

Table 3.9 Pupils' expectations on leaving school

	Midlothian %	National %
Boys		
University	28	43
Further education college	22	18
Apprenticeship/trade	15	10
Youth training/skill seekers	2	2
Working	14	12
Unemployed	2	0
Don't know	17	14
<i>Bases</i>	<i>305</i>	<i>11368</i>
Girls		
University	50	53
Further education college	24	27
Apprenticeship/trade	1	1
Youth training/skill seekers	2	1
Working	9	7
Unemployed	0	0
Don't know	13	11
<i>Bases</i>	<i>296</i>	<i>11512</i>
Both		
University	39	48
Further education college	23	23
Apprenticeship/trade	8	5
Youth training/skill seekers	2	1
Working	12	10
Unemployed	1	0
Don't know	15	13
<i>Bases</i>	<i>601</i>	<i>22880</i>

Base=all pupils

4 FRIENDS AND LEISURE ACTIVITIES

Table 4.1 Number of evenings per week pupils spent with friends

	Midlothian %	National %
Boys		
None	5	7
One - two	11	19
Three - four	25	31
Five - seven	59	43
<i>Bases</i>	290	10775
Girls		
None	5	8
One - two	22	25
Three - four	31	32
Five - seven	41	36
<i>Bases</i>	283	11152
Both		
None	5	7
One - two	17	22
Three - four	28	31
Five - seven	50	40
<i>Bases</i>	573	21927

Base=all pupils

Table 4.2 Pupils' attendance at clubs or other organised activities

	Midlothian %	National %
Boys		
Every day	3	4
5 or 6 days a week	5	7
3 or 4 days a week	17	21
Once or twice a week	37	34
Less than once a week	6	6
Not at all	31	28
<i>Bases</i>	280	10439
Girls		
Every day	1	3
5 or 6 days a week	4	5
3 or 4 days a week	16	17
Once or twice a week	32	33
Less than once a week	10	9
Not at all	37	33
<i>Bases</i>	279	10886
Both		
Every day	2	3
5 or 6 days a week	5	6
3 or 4 days a week	16	19
Once or twice a week	35	34
Less than once a week	8	8
Not at all	34	31
<i>Bases</i>	559	21325

Base = all pupils

Table 4.3 How often pupils see friends outside school

	Midlothian %	National %
Boys		
Every day	45	38
Most days	38	44
Weekly	11	11
Less often	4	6
Never	1	1
<i>Bases</i>	279	10445
Girls		
Every day	39	37
Most days	40	42
Weekly	13	13
Less often	7	7
Never	1	1
<i>Bases</i>	279	10894
Both		
Every day	42	37
Most days	39	43
Weekly	12	12
Less often	6	6
Never	1	1
<i>Bases</i>	558	21339

Base=all pupils

Table 4.4 How often pupils listen to music outside school

	Midlothian %	National %
Boys		
Every day	49	50
Most days	33	31
Weekly	7	9
Less often	8	8
Never	3	3
<i>Bases</i>	278	10446
Girls		
Every day	68	66
Most days	24	25
Weekly	5	5
Less often	2	3
Never	1	1
<i>Bases</i>	278	10890
Both		
Every day	59	58
Most days	29	28
Weekly	6	7
Less often	5	5
Never	2	2
<i>Bases</i>	556	21336

Base=all pupils

Table 4.5 How often pupils look around the shops

	Midlothian %	National %
Boys		
Every day	8	7
Most days	15	17
Weekly	40	38
Less often	27	32
Never	10	5
<i>Bases</i>	278	10411
Girls		
Every day	9	9
Most days	23	26
Weekly	55	47
Less often	11	16
Never	1	1
<i>Bases</i>	278	10878
Both		
Every day	9	8
Most days	19	22
Weekly	47	43
Less often	19	24
Never	6	3
<i>Bases</i>	556	21289

Base=all pupils

Table 4.6 How often pupils read magazines, newspapers or comics outside school

	Midlothian %	National %
Boys		
Every day	8	8
Most days	16	18
Weekly	20	22
Less often	30	35
Never	25	18
<i>Bases</i>	276	10398
Girls		
Every day	8	9
Most days	28	24
Weekly	27	28
Less often	30	31
Never	7	8
<i>Bases</i>	277	10866
Both		
Every day	8	9
Most days	22	21
Weekly	23	25
Less often	30	33
Never	16	13
<i>Bases</i>	553	21264

Base=all pupils

Table 4.7 How often pupils read books outside school

	Midlothian %	National %
Boys		
Every day	7	8
Most days	10	14
Weekly	11	13
Less often	30	32
Never	42	32
<i>Bases</i>	276	10375
Girls		
Every day	7	12
Most days	16	18
Weekly	15	15
Less often	31	33
Never	31	22
<i>Bases</i>	277	10846
Both		
Every day	7	10
Most days	13	16
Weekly	13	14
Less often	31	33
Never	36	27
<i>Bases</i>	553	21221

Base=all pupils

Table 4.8 How often pupils go to watch sports matches outside school

	Midlothian %	National %
Boys		
Every day	10	7
Most days	16	14
Weekly	29	26
Less often	25	32
Never	21	21
<i>Bases</i>	274	10402
Girls		
Every day	1	2
Most days	4	4
Weekly	12	11
Less often	29	34
Never	54	49
<i>Bases</i>	276	10846
Both		
Every day	5	4
Most days	10	9
Weekly	20	19
Less often	27	33
Never	37	35
<i>Bases</i>	550	21248

Base=all pupils

Table 4.9 How often pupils go to the cinema

	Midlothian %	National %
Boys		
Every day	4	3
Most days	9	7
Weekly	27	27
Less often	54	56
Never	6	7
<i>Bases</i>	276	10390
Girls		
Every day	1	2
Most days	6	6
Weekly	24	29
Less often	66	57
Never	3	6
<i>Bases</i>	278	10854
Both		
Every day	3	2
Most days	8	7
Weekly	25	28
Less often	60	57
Never	5	7
<i>Bases</i>	554	21244

Base=all pupils

Table 4.10 How often pupils hang around the street

	Midlothian %	National %
Boys		
Every day	24	16
Most days	32	23
Weekly	11	16
Less often	17	25
Never	16	19
<i>Bases</i>	275	10397
Girls		
Every day	15	15
Most days	25	22
Weekly	15	15
Less often	24	24
Never	21	23
<i>Bases</i>	276	10850
Both		
Every day	20	15
Most days	28	23
Weekly	13	16
Less often	21	25
Never	18	21
<i>Bases</i>	551	21247

Base=all pupils

Table 4.11 How often pupils do a hobby, art or play a musical instrument outside school

	Midlothian %	National %
Boys		
Every day	27	25
Most days	27	26
Weekly	16	15
Less often	11	12
Never	19	20
<i>Bases</i>	275	10392
Girls		
Every day	11	14
Most days	18	20
Weekly	17	19
Less often	19	16
Never	35	31
<i>Bases</i>	274	10838
Both		
Every day	19	19
Most days	22	23
Weekly	17	17
Less often	15	14
Never	27	26
<i>Bases</i>	549	21230

Base=all pupils

Table 4.12 How often pupils go to a friend's house

	Midlothian %	National %
Boys		
Every day	23	16
Most days	45	39
Weekly	21	28
Less often	6	13
Never	4	3
<i>Bases</i>	277	10399
Girls		
Every day	20	17
Most days	43	38
Weekly	24	29
Less often	11	13
Never	2	2
<i>Bases</i>	275	10857
Both		
Every day	21	17
Most days	44	39
Weekly	23	29
Less often	9	13
Never	3	3
<i>Bases</i>	552	21256

Base=all pupils

Table 4.13 How often pupils go to concerts or gigs

	Midlothian %	National %
Boys		
Every day	4	2
Most days	2	3
Weekly	7	7
Less often	40	44
Never	47	43
<i>Bases</i>	275	10381
Girls		
Every day	1	1
Most days	1	2
Weekly	6	5
Less often	53	59
Never	40	32
<i>Bases</i>	276	10832
Both		
Every day	2	2
Most days	2	3
Weekly	6	6
Less often	46	52
Never	43	38
<i>Bases</i>	551	21213

Base=all pupils

Table 4.14 How often pupils go to church, mosque, temple etc.

	Midlothian %	National %
Boys		
Every day	1	2
Most days	1	2
Weekly	4	9
Less often	5	10
Never	89	77
<i>Bases</i>	274	10364
Girls		
Every day	1	1
Most days	0	1
Weekly	5	10
Less often	9	10
Never	85	77
<i>Bases</i>	275	10829
Both		
Every day	1	1
Most days	1	2
Weekly	4	10
Less often	7	10
Never	87	77
<i>Bases</i>	549	21193

Base=all pupils

Table 4.15 How often pupils do nothing much

	Midlothian %	National %
Boys		
Every day	13	9
Most days	13	13
Weekly	13	13
Less often	26	27
Never	35	38
<i>Bases</i>	<i>273</i>	<i>10349</i>
Girls		
Every day	8	8
Most days	12	14
Weekly	12	13
Less often	33	30
Never	35	34
<i>Bases</i>	<i>276</i>	<i>10811</i>
Both		
Every day	10	9
Most days	13	14
Weekly	13	13
Less often	30	29
Never	35	36
<i>Bases</i>	<i>549</i>	<i>21160</i>

Base=all pupils

Table 4.16 How many hours pupils watch TV on weekdays in their free time

	Midlothian %	National %
Boys		
None at all	4	3
About half an hour	7	6
About 1 hour	16	15
About 2 hours	22	25
About 3 hours	19	21
About 4 hours	12	13
About 5 hours	8	8
About 6 hours	2	3
About 7 hours or more	10	7
<i>Bases</i>	280	10495
Girls		
None at all	2	2
About half an hour	10	8
About 1 hour	13	16
About 2 hours	28	25
About 3 hours	21	21
About 4 hours	13	12
About 5 hours	6	7
About 6 hours	2	3
About 7 hours or more	4	5
<i>Bases</i>	277	10936
Both		
None at all	3	3
About half an hour	9	7
About 1 hour	15	16
About 2 hours	25	25
About 3 hours	20	21
About 4 hours	12	12
About 5 hours	7	7
About 6 hours	2	3
About 7 hours or more	7	6
<i>Bases</i>	557	21431

Base=all pupils

Table 4.17 How many hours pupils watch TV at weekends

	Midlothian %	National %
Boys		
None at all	4	4
About half an hour	7	5
About 1 hour	10	10
About 2 hours	16	17
About 3 hours	16	19
About 4 hours	12	16
About 5 hours	12	12
About 6 hours	7	6
About 7 hours or more	15	11
<i>Bases</i>	276	10438
Girls		
None at all	5	4
About half an hour	9	8
About 1 hour	14	12
About 2 hours	20	19
About 3 hours	18	19
About 4 hours	13	15
About 5 hours	8	10
About 6 hours	5	6
About 7 hours or more	8	7
<i>Bases</i>	274	10877
Both		
None at all	5	4
About half an hour	8	7
About 1 hour	12	11
About 2 hours	18	18
About 3 hours	17	19
About 4 hours	13	15
About 5 hours	10	11
About 6 hours	6	6
About 7 hours or more	12	9
<i>Bases</i>	550	21315

Base=all pupils

Table 4.18 How many hours pupils use a computer on weekdays in their free time

	Midlothian %	National %
Boys		
None at all	9	9
About half an hour	15	14
About 1 hour	20	23
About 2 hours	20	22
About 3 hours	13	14
About 4 hours	9	8
About 5 hours	4	5
About 6 hours	3	2
About 7 hours or more	7	5
<i>Bases</i>	277	10447
Girls		
None at all	33	25
About half an hour	27	25
About 1 hour	17	22
About 2 hours	11	14
About 3 hours	6	7
About 4 hours	3	4
About 5 hours	1	1
About 6 hours	1	1
About 7 hours or more	1	1
<i>Bases</i>	279	10884
Both		
None at all	21	17
About half an hour	21	20
About 1 hour	19	22
About 2 hours	15	18
About 3 hours	10	10
About 4 hours	6	6
About 5 hours	2	3
About 6 hours	2	1
About 7 hours or more	4	3
<i>Bases</i>	556	21331

Base=all pupils

Table 4.19 How many hours pupils use a computer at weekends

	Midlothian %	National %
Boys		
None at all	11	10
About half an hour	8	10
About 1 hour	15	15
About 2 hours	17	19
About 3 hours	14	15
About 4 hours	10	11
About 5 hours	10	8
About 6 hours	5	4
About 7 hours or more	11	8
<i>Bases</i>	<i>274</i>	<i>10397</i>
Girls		
None at all	35	28
About half an hour	17	19
About 1 hour	22	19
About 2 hours	10	14
About 3 hours	7	8
About 4 hours	3	5
About 5 hours	4	3
About 6 hours	1	1
About 7 hours or more	1	2
<i>Bases</i>	<i>276</i>	<i>10836</i>
Both		
None at all	23	19
About half an hour	12	15
About 1 hour	18	17
About 2 hours	13	16
About 3 hours	11	12
About 4 hours	7	8
About 5 hours	7	5
About 6 hours	3	3
About 7 hours or more	6	5
<i>Bases</i>	<i>550</i>	<i>21233</i>

Base=all pupils

Table 4.20 How many hours a day pupils do homework on weekdays

	Midlothian %	National %
Boys		
None at all	21	12
About half an hour	31	31
About 1 hour	23	31
About 2 hours	16	17
About 3 hours	4	6
About 4 hours	2	2
About 5 hours	1	1
About 6 hours	1	0
About 7 hours or more	1	1
<i>Bases</i>	278	10475
Girls		
None at all	10	7
About half an hour	33	28
About 1 hour	28	32
About 2 hours	20	20
About 3 hours	5	8
About 4 hours	3	3
About 5 hours	0	1
About 6 hours	0	1
About 7 hours or more	0	1
<i>Bases</i>	276	10909
Both		
None at all	15	9
About half an hour	32	29
About 1 hour	25	31
About 2 hours	18	19
About 3 hours	5	7
About 4 hours	3	2
About 5 hours	1	1
About 6 hours	1	0
About 7 hours or more	1	1
<i>Bases</i>	554	21384

Base=all pupils

Table 4.21 How many hours a day pupils do homework at weekends

	Midlothian %	National %
Boys		
None at all	33	27
About half an hour	29	25
About 1 hour	16	23
About 2 hours	13	14
About 3 hours	3	6
About 4 hours	2	2
About 5 hours	2	1
About 6 hours	0	0
About 7 hours or more	1	1
<i>Bases</i>	276	10438
Girls		
None at all	32	23
About half an hour	20	24
About 1 hour	19	22
About 2 hours	12	15
About 3 hours	9	9
About 4 hours	5	4
About 5 hours	2	2
About 6 hours	1	1
About 7 hours or more	0	1
<i>Bases</i>	275	10857
Both		
None at all	33	25
About half an hour	24	24
About 1 hour	18	23
About 2 hours	12	15
About 3 hours	6	7
About 4 hours	4	3
About 5 hours	2	2
About 6 hours	1	1
About 7 hours or more	1	1
<i>Bases</i>	551	21295

Base=all pupils

Table 4.22 Amount of money pupils have available to spend each week

	Midlothian %	National %
Boys		
Nothing	4	2
Less than £1	0	1
£1 or more but less than £5	7	10
£5 or more but less than £10	24	28
£10 or more but less than £20	36	35
£20 or more	29	24
<i>Bases</i>	298	11105
Girls		
Nothing	4	2
Less than £1	1	1
£1 or more but less than £5	10	10
£5 or more but less than £10	24	32
£10 or more but less than £20	34	34
£20 or more	27	21
<i>Bases</i>	297	11419
Both		
Nothing	4	2
Less than £1	0	1
£1 or more but less than £5	9	10
£5 or more but less than £10	24	30
£10 or more but less than £20	35	34
£20 or more	28	22
<i>Bases</i>	595	22524

Base=all pupils

Table 4.23 Amount of money pupils spend each week on tobacco

	Midlothian %	National %
Boys		
Nothing	81	86
Less than £1	2	3
£1 or more but less than £5	5	5
£5 or more but less than £10	8	4
£10 or more but less than £20	3	2
£20 or more	0	1
<i>Bases</i>	<i>278</i>	<i>10500</i>
Girls		
Nothing	74	80
Less than £1	3	3
£1 or more but less than £5	7	6
£5 or more but less than £10	8	6
£10 or more but less than £20	6	4
£20 or more	2	1
<i>Bases</i>	<i>281</i>	<i>11020</i>
Both		
Nothing	77	83
Less than £1	3	3
£1 or more but less than £5	6	6
£5 or more but less than £10	8	5
£10 or more but less than £20	5	3
£20 or more	1	1
<i>Bases</i>	<i>559</i>	<i>21520</i>

Base=all pupils

Table 4.24 Amount of money pupils spend each week on alcohol

	Midlothian %	National %
Boys		
Nothing	62	69
Less than £1	3	3
£1 or more but less than £5	10	10
£5 or more but less than £10	16	12
£10 or more but less than £20	6	5
£20 or more	3	1
<i>Bases</i>	284	10634
Girls		
Nothing	57	66
Less than £1	3	3
£1 or more but less than £5	14	11
£5 or more but less than £10	14	13
£10 or more but less than £20	11	5
£20 or more	1	1
<i>Bases</i>	282	11121
Both		
Nothing	59	68
Less than £1	3	3
£1 or more but less than £5	12	11
£5 or more but less than £10	15	13
£10 or more but less than £20	8	5
£20 or more	2	1
<i>Bases</i>	566	21755

Base=all pupils

Table 4.25 Amount of money pupils spend each week on drugs

	Midlothian %	National %
Boys		
Nothing	84	88
Less than £1	1	2
£1 or more but less than £5	3	2
£5 or more but less than £10	3	3
£10 or more but less than £20	4	3
£20 or more	6	2
<i>Bases</i>	279	10471
Girls		
Nothing	92	94
Less than £1	2	2
£1 or more but less than £5	1	1
£5 or more but less than £10	2	2
£10 or more but less than £20	2	1
£20 or more	0	1
<i>Bases</i>	279	10947
Both		
Nothing	88	91
Less than £1	2	2
£1 or more but less than £5	2	2
£5 or more but less than £10	3	2
£10 or more but less than £20	3	2
£20 or more	3	1
<i>Bases</i>	558	21418

Base=all pupils