

# EFFECTIVE INTERVENTIONS UNIT

## PROGRAMME 2002-2003

### WHAT IS IN THE PROGRAMME?

- The Unit's Approach
- Progress in 2001-02
- Programme for 2002-03

## CONTENTS

INTRODUCTION	3
The Unit Team.....	3
Methods Of Working .....	4
THE UNIT'S APPROACH	5
SUMMARY OF PROGRAMME	7
A IDENTIFYING AND PROMOTING EFFECTIVE PRACTICE	9
A1. OUTCOMES AND EVALUATION .....	9
A2 RESEARCH.....	10
A3 DISSEMINATION.....	11
SUMMARY OF WORK ON IDENTIFYING AND PROMOTING EFFECTIVE PRACTICE .....	12
B YOUNG PEOPLE	13
B1 PREVENTION AND EDUCATION.....	13
B2 TREATMENT AND CARE SERVICES FOR UNDER 16'S .....	13
SUMMARY OF WORK ON YOUNG PEOPLE .....	14
C. COMMUNITIES	15
C1 COMMUNITY ENGAGEMENT .....	15
C2 FAMILY SUPPORT .....	15
C3 ARREST REFERRAL .....	16
C4 SOCIAL EXCLUSION.....	16
SUMMARY OF WORK ON COMMUNITIES .....	16
D. TREATMENT AND REHABILITATION	17
D1 INTEGRATED CARE.....	17
D2 TREATMENT REVIEWS.....	18
D3 HEPATITIS C .....	18
D4 SPS TRANSITIONAL CARE .....	19
D5 TRAINING AND EMPLOYMENT .....	19
D6. PSYCHOSTIMULANTS.....	20
SUMMARY WORK ON TREATMENT AND REHABILITATION .....	21
E. AVAILABILITY .....	22
SUMMARY OF WORK ON AVAILABILITY.....	22
Appendix A .....	23
EFFECTIVE INTERVENTIONS UNIT CONSULTATIONS JUNE 2000 – MARCH 2002.....	23
Appendix B.....	24
EFFECTIVE INTERVENTIONS UNIT REFERENCE GROUPS .....	24
Appendix C .....	29
EFFECTIVE INTERVENTIONS UNIT - PUBLICATIONS LIST .....	29
Appendix D.....	30
Drugs Misuse Research Programme commissioned projects 2001-2002 .....	30
Appendix E .....	31
Other Scottish-funded Drugs Misuse Research .....	31
Appendix F .....	32
Drugs Misuse Research Programme research topics to be commissioned 2002-2003 ....	32

## INTRODUCTION

The Effective Interventions Unit (EIU) was set up in June 2000 following a Ministerial commitment to find out “what works” in tackling the problems of drug misuse. We developed our remit following dialogue with DATS, managers and practitioners in a range of agencies.

EIU published its first Work Programme in January 2001. It covered the period January 2001 to March 2002. In February 2001 we published the Executive’s Drug Misuse Research Programme for the period 2001-2004.

**In this document the EIU:**

- **reports on progress to date in both Programmes; and**
- **sets out the Forward Programme covering all aspects of the Unit’s work for the period April 2002 to March 2003.**

### The Unit Team

The Unit team is a mix of civil servants, researchers and secondees. We have 2 seconded posts dedicated to the development of our work on integrated care and a further seconded post examining effective family support arrangements. ISD has established a new post of Senior Information Support Officer to work with the Unit. This post acts as a focal point for information provision and co-ordination of analytical support to EIU, and contributes to the drugs misuse information strategy work within ISD.

The current team members are:

Patricia Russell	Head of Unit
Nick Bland	Principal Research Officer
Anita Morrison	Senior Research Officer
Andy Rome	Secondment on Integrated Care
Jane Martin	Secondment on Integrated Care
Davy Macdonald	Secondment on Family Support
Isabel McNab	Treatment and Rehabilitation
Paul Davidson	Young People and Communities
Linsey Duff	ISD Information Support
Chris Rich )	
Karin O’Brien )	Administration Support
Sandra Muir )	

In the course of 2001, Nicola Richards and Stella Papadeli, two of the original team, left the Unit. Nicola has gone to the Lloyds TSB Foundation on secondment as Programme Manager and Stella has returned to Greece. We should like to thank them both for their hard work and commitment in the setting up of the Unit and for contributing to the shaping of its direction. We should also like to thank Nicola for her work on the Evaluation Guides and on the “Moving On” report ( in collaboration with Anita Morrison) which has formed a significant part of the Unit’s output in our first year.

## **Methods Of Working**

We undertook to be open and outward looking, working with DATs, partner agencies, services and users of services to draw on their knowledge and expertise. Since June 2000, we have held 19 seminars and workshops attended by nearly 1000 people; drawn together Reference Groups including "virtual groups" to help us with a range of topics; and published a number of guides and reports. Details are set out in Appendices A-C.

We would like to thank all the people who have been members of our Reference Groups, attended our events and allowed us to call on their continuing support. We look forward to working with them in the next year.

**Patricia Russell**  
**April 2002**

## THE UNIT'S APPROACH

The close interrelationship between the EIU's wider work programme and the dedicated Drug Misuse Research Programme has been reflected in the model that we have developed for our work in our first year. This model offers a framework that can be adapted to suit a number of topics and incorporates:

- Reviewing research and evaluation evidence
- A mapping of current provision (if appropriate)
- Qualitative consultation to elicit views and experiences of service providers and users
- Identification of key principles and elements of effective practice possibly leading to models of service
- Active dissemination using a mix of Internet publication, published material and seminars around Scotland.

This is the model that we used to produce "Moving On", our research review on education, training and employment for recovering drug users and "Effective Engagement", our guide to principles and practice in community engagement. It is also the approach we are adopting in our current work on treatment services for young people under 16, and on support for the families and carers of drug users.

The approach to each topic and the nature of the final product varies depending on the extent to which there is a reasonable body of evidence or whether it is a developing area of work. Where there is a body of evidence, we will produce a research review report highlighting the key findings that should influence practice. In developing areas, we are more likely to produce a guide highlighting evidence where it is available and identifying key questions to address.

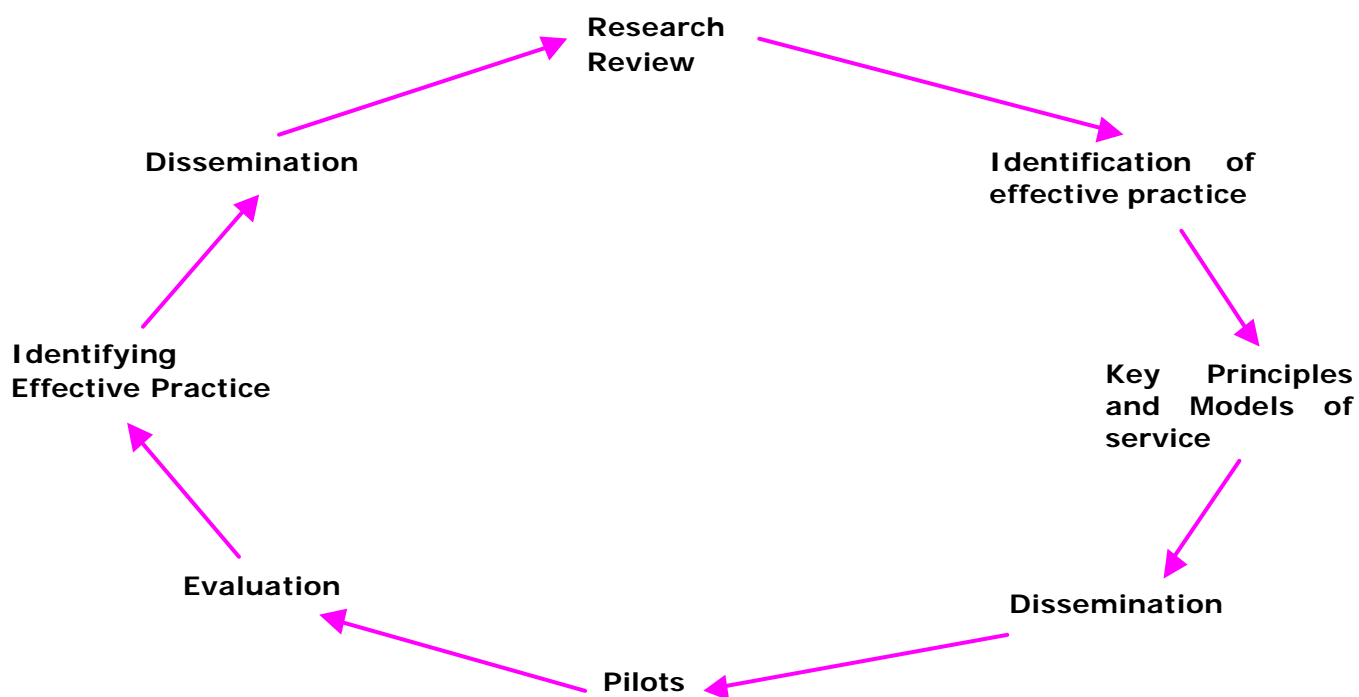
Other topics require different approaches. Our work on developing a model of integrated care for drug users has so far involved a mix of examining current practice, dialogue with managers, practitioners and users and working with a Reference Group drawn from NHS, Social Work and the voluntary sector. We are also reviewing the evidence base. We have, for example, commissioned a major systematic review of the effectiveness of drug treatment for opiate users.

In some cases, an Executive implementation plan will be developed by Substance Misuse Division which has the responsibility for the cross-cutting drugs policy and implementation of the drugs strategy. There is, for example, now an implementation plan for the EIU's "Moving On" report. In other cases, as with the Guide to Community Engagement, it will be for DATs and partner agencies to take forward the findings directly. The Corporate Action Plans will be used to monitor local progress.

In the Research Programme, there are topics which require more in-depth investigation to identify the key priority questions to be addressed in a research study, e.g. the nature of drug misuse and associated problems among vulnerable groups of young people; police action against drugs availability. This work helps to guide commissioning of research because it clearly identifies gaps in research knowledge.

## Extending the model

As we continue to develop our work in line with our remit, we are looking at the possibilities for supporting implementation of our findings through the evaluation of pilots at local and national level. EIU would not normally expect to fund pilots but could support the funding and conduct of evaluations. This would be an extension of our model.



Where our review shows that the evidence base is limited and that there are gaps in knowledge, the priority will be to carry out primary research. However, the objective would still be to identify and disseminate the implications for practice and, where appropriate, to promote the use of evaluation with a view to the development of more effective practice.

**We would welcome comments and ideas on how we should develop this approach.**

## SUMMARY OF EIU PROGRAMME 2002-2003

Topic	Progress	Plans
Outcomes and Evaluation	Evaluation Guides 1-8 published  Evaluation Workshops commissioned	Thematic Evaluation Guides e.g. Employability, community engagement, Workshops in DAT areas
Research	14 Research projects commissioned (see Appendix D)	8 research topics to be commissioned (see Appendix F)
	Robertson Trust Advisory Group set up	Advisory Group continuing
Dissemination	Dissemination Policy published; number of events held; and over 1000 contacts established  Market research on effectiveness of policy	Continue interactive dissemination events e.g. family support, integrated care  Second market research study to identify use of EIU work
Prevention and Education	Review of Life Skills commissioned	Disseminate Life Skills Review ( <b>June 2002</b> ) Establish an expert group to identify topics for prevention and education ( <b>Autumn 2002</b> )
Treatment and Care Services	Research review on treatment Services for young people under 16	Publish research review ( <b>May 2002</b> )  Develop guide on design and delivery of services ( <b>August 2002</b> )
Vulnerable young people		Commission research by <b>May 2002</b>
Community engagement	Published Guide to Community Engagement ( <b>January 2002</b> )	Evaluation Guide ( <b>May 2002</b> )
Family Support	Literature Review commissioned	Produce key principles and elements of effective practice ( <b>October 2002</b> )  Explore the development of a Family Support Network
Arrest Referral	Seminar held <b>September 2002</b>  Arrest Referral Guide published ( <b>March 2002</b> )	Dissemination event  Support evaluation of pilot Arrest Referral schemes
Social Exclusion	Included findings from Committee Inquiry into Drugs Misuse in 'Moving On' report	
Integrated Care	Reference Group set up Sup groups established  Initial Guidance on Shared Care issued February 2001	Complete work by <b>June 2002</b>  Publish Integrated Care Framework in <b>October 2002</b>  Implementation plan and dissemination events

Topic	Progress	Plan
Treatment Reviews	EIU review of drug therapies.  Commissioned survey of opiate treatment services and review of effectiveness of treatment approaches.	Make findings available in <b>June 2002</b> from reviews  Incorporate into integrated care report
Hepatitis C	Expert group identified key areas for research and evaluation  3 HCV research studies funded from research competition	Commission qualitative study to explore injecting preparation practices ( <b>April 2002</b> )  Begin pharmacokinetic study on safety, risks and outcomes of using paraphernalia ( <b>late 2002</b> )
SPS Transitional Care	Developed scope and criteria for evaluation	Commission evaluation ( <b>April 2002</b> )
Training and Employment	Published research review "Moving On" ( <b>September 2001</b> )	Evaluation Guide on Employability Programmes ( <b>April 2002</b> ) A guide to partnership working in ( <b>July 2002</b> )
Psycho stimulants	Contributed to SACDM Working Group	Further work based on SACDM recommendations
Availability	Research review into availability of drugs	Commission evaluation of police action against local drug markets by <b>June 2002</b>  Develop and commission research on middle market drug supply by <b>Autumn 2002</b>

## **A IDENTIFYING AND PROMOTING EFFECTIVE PRACTICE**

### **A1. OUTCOMES AND EVALUATION**

#### **Progress in January 2001-March 2002**

**We undertook to develop an outcomes and evaluation framework by April 2001 and to produce evaluation models and tool kits for use by DATs and Agencies to assess the effective of services in their areas.**

- In April 2001, EIU produced and disseminated its Evaluation Framework. It sets out the key principles and criteria that guide the Unit's approach to evaluation. It includes the EIU's working definitions of some of the core concepts of evaluation and gives guidance on when and how the Unit would itself commission an evaluation.
- We published 8 practical Evaluation Guides between June 2001 and March 2002 including Definitions and Common Concepts, Designing an Evaluation, Reporting and Disseminating and Evaluating Outreach Services. The Unit team produced most of the Guides but we have also drawn on expert input e.g. by the Health Economic Research Unit in developing the guide on economic evaluation.
- In July 2001 the EIU team piloted an evaluation workshop in collaboration with Fife DAT based on the initial evaluation guides. Drawing on that experience we commissioned in January 2002 a series of evaluation workshops to be held in DAT areas during 2002.

#### **Plans for April 2002 – March 2003**

In 2002-3 we will be looking at new ways to support implementation of effective practice through evaluation.

- We will produce thematic evaluation guides designed to help agencies plan, design and implement evaluations of specific services and point them towards key resources. These guides will also build on the research and review work done by the Unit on specific topics.
- In **April 2002**, we will produce an evaluation guide on Employability to follow up our "Moving On" report and in **May 2002**, a guide on evaluating Community Engagement to follow up our "Effective Engagement" report. We also have plans to produce evaluation guides on Young People's Treatment Services and Arrest Referral later in the year.
- There will be evaluation workshops in each DAT area throughout 2002 to support managers and practitioners in using our guides and to help services/ projects to evaluate their own practice by developing evaluation plans.
- We will explore the potential for EIU to evaluate pilot interventions or services such as young people's treatment and arrest referral where practice is in the early stages of development. This is in line with our Evaluation Framework in which we identified the potential for the Unit to evaluate new interventions that offered scope for national application. It would fit best where we have examined the available evidence and set out core elements of a model of service. In this way we could "close the loop" as we have illustrated on page 4. The evidence from the evaluation work would further help to inform the development of good practice.

## A2 RESEARCH

### Progress in January 2001- March 2003

**We undertook to publish the Scottish Executive's Drugs Misuse Research Programme by February 2001; and to co-ordinate its implementation. We also undertook to support the research on drug prevention and treatment outcome effectiveness funded by the Robertson Trust through an advisory group.**

- We published the Research Programme in February 2001. Following 2 seminars in **April and May 2001** to stimulate interest among academics and private sector researchers and highlight any issues we should consider in commissioning work, we have sought to develop a more open and interactive commissioning process. We have held pre-tender information meetings on major research projects. We also issue a quarterly Research Update summarising the progress of the programme. The updates are published on the website.
- **In Autumn 2001**, we ran an open competition for innovative and creative ideas for research to complement the existing projects in the Programme. We received 25 applications and 7 received funding support.
- In total, we commissioned 14 research projects from the programme this year (full list in Appendix D). These projects are managed by the research team in EIU. Progress is monitored through regular contacts and meetings with the research contractors and through formal inception, interim and final reports.
- We have also undertaken a number of in-house reviews of existing research evidence on: approaches to education; training and employment for recovering drug users; pharmaceutical drug therapies; and police action against drugs availability
- We sit on the UK Research and Information Working Group, which brings together researchers from UK Government Departments and devolved administrations, and the Supply Side Research Board, which has a specific remit for co-ordinating research on the availability and supply of drugs. This helps to ensure that the work of the Research Programme is informed by and complements the developing UK drugs research evidence base. We also retain links with drugs research funded by other parts of the Executive, the Chief Scientist's Office and the Information and Statistics Division (ISD), NHS Scotland. This work is summarised in Appendix E.
- We set up an Advisory Group drawn from researchers, the NHS, Social Work and the voluntary sector to support the Robertson Trust research being carried out by the Centre for Drug Misuse Research at Glasgow University.

### Plans for April 2002- March 2003

During 2002 we will disseminate the findings from the research reviews carried out over the first 12 months of the Research Programme. These will include

- treatment reviews
- the research review on young people's treatment services
- literature review on family support
- the review of the Life Skills Training approach to drugs education

- We will commission an evaluation of major national initiatives including the Lloyds TSB Foundation Partnership Drugs Initiative for Young People and the Scottish Prison Service Transitional Care Initiative. Other planned research is discussed in the following sections under the appropriate thematic heading (summarised in Appendix F).
- We will continue to support the Robertson Trust Research on prevention, avoidance of drug misuse and outcome effectiveness through the Advisory Group set up in December 2000.

There are no plans to repeat the research competition in 2002-3.

### **A3 DISSEMINATION**

#### **Progress in January 2001- March 2003**

**We undertook to develop and implement a dissemination strategy to ensure that our dissemination of materials was relevant to policy-makers, managers and practitioners in the drugs field.**

- We published our dissemination policy in **March 2001**. It commits EIU to an open and interactive approach to dissemination and the production of user friendly, accessible material targeted at the relevant audience.
- Our materials and interactive dissemination events now reach a wide range of key contacts across Scotland, at strategic, operational and practitioner level. Our database has around 1000 contacts and includes DATs, Police, Prisons, Social Work, NHS, drug services, Social Inclusion Partnerships, community groups, Employment Service, researchers and UK bodies.
- We have now commissioned research to find out whether our guides and reports are reaching their target audience. The findings will be available in **April 2002**.

#### **Plans for April 2002 – March 2003**

- We will continue to explore the most appropriate ways to design our final products to match the requirements of the topic and the nature of the evidence
- We plan to conduct a second market research study between **June and August 2002** to find out how Drug Action Teams, partner agencies and services are using the findings from our work. This will inform a review of the dissemination policy.
- We will continue our interactive dissemination of the outcomes of our research reviews and development of models of service. Plans include
  - dissemination events for the Guide to Arrest Referral
  - seminars on treatment services for young people
  - dissemination events for the outcomes of the work on Family Support
  - dissemination events for the framework for integrated care

## SUMMARY OF WORK ON IDENTIFYING AND PROMOTING EFFECTIVE PRACTICE

<b>Topic</b>	<b>Progress</b>	<b>Plans</b>
Outcomes and Evaluation	Evaluation Guides 1-8 published  Evaluation Workshops commissioned	Thematic Evaluation Guides e.g. Employability, community engagement, Workshops in DAT areas
Research	14 Research projects commissioned (see Appendix D)	8 research topics to be commissioned (see Appendix F)
	Robertson Trust Advisory Group set up	Advisory Group continuing
Dissemination	Dissemination Policy published; number of events held; and over 1000 contacts established  Market research on effectiveness of policy	Continue interactive dissemination events e.g. family support, integrated care  Second market research study to identify use of EIU work

## **B YOUNG PEOPLE**

### **B1 PREVENTION AND EDUCATION**

#### **Progress in January 2001- March 2002**

**We undertook to identify areas where the Unit should focus its work on prevention and education.**

- As a first step in drug education, we have commissioned a review of the Life Skills Training approach developed in the USA. Findings will be available in May 2002.
- We retain close links with the Lloyds TSB Foundation for Scotland Partnership Drugs Initiative for young people through representation on the Evaluation Task Group. The Group has developed an Evaluation Strategy, one element of which will be commissioned from the Research Programme in 2002/3. The programme promotes voluntary sector work with vulnerable children and young people affected by drug and alcohol misuse. The external evaluation will seek to draw lessons from across funded projects to inform the development of good practice. The Group also organised an Evaluation Workshop to help projects develop their plans for self-evaluation.

#### **Plans for April 2002 – March 2003**

- We will disseminate the findings of the Life Skills Review in **June 2002**.
- We will commission an evaluation to assess the effectiveness of different approaches adopted by projects funded through the Lloyds TSB Foundation Partnership Drugs Initiative.
- We will commission research on the characteristics of problematic drug misuse among specific groups of vulnerable young people by **May 2002**
- We will bring together an expert group in **Autumn 2002** to identify further topics for research and evaluation in prevention and education.

### **B2 TREATMENT AND CARE SERVICES FOR UNDER 16'S**

#### **Progress in January 2001 – March 2002**

**We undertook to examine the needs of under 16s for treatment and care services and to review evidence about the effectiveness of services with a view to identifying key principles for good practice.**

- We commissioned a research study on treatment services for young people under 16, taking into account the 16 to 18 age group. The research included a literature review, a mapping exercise and qualitative work with selected services across Scotland. The Unit is also working with a Reference Group drawn from the field.

### Plans for April 2002 – March 2003

- We will publish the findings from the research review on treatment services for young people under 16 by **May 2002**. This will provide information for DATs and partner agencies about current knowledge of effective practice with this age group, show what services are available and identify the key issues and concerns of service providers and young people themselves.
- We will work with the Reference Group to draw on the findings and develop a set of key principles to guide service planning and delivery together with models of service by **August 2002**. We will hold seminars in the autumn for DATs, relevant agencies, managers and practitioners to disseminate the key messages from the research and the models of service. There will be a focus on how agencies can work together. We will follow this up by producing an evaluation guide in the autumn.

### SUMMARY OF WORK ON YOUNG PEOPLE

Topic	Progress	Plans
Prevention and Education	Review of Life Skills commissioned	Disseminate Life Skills Review ( <b>June 2002</b> ) Establish an expert group to identify topics for prevention and education ( <b>Autumn 2002</b> )
Treatment and Care Services	Research review on treatment Services for young people under 16	Publish research review ( <b>May 2002</b> )  Develop guide on design and delivery of services ( <b>August 2002</b> )
Vulnerable young people		Commission research by <b>May 2002</b>

## C. COMMUNITIES

We undertook to identify and promote effective practice in community engagement and community development; take forward work on effective family support arrangements; examine developments in diversion from prosecution and sentencing; and examine issues arising from social exclusion drawing on the reports of the Social Inclusion, Housing and Voluntary Sector Committee Inquiry into Drugs Misuse.

### C1 COMMUNITY ENGAGEMENT

#### Progress in January 2001- March 2002

- We conducted a review of evidence on current practice in community engagement and commissioned Scottish Drugs Forum to carry out a survey of DATs and community groups. In **January 2002**, we published a guide to community engagement "Effective Engagement", a Guide to Principles and Practice". The Guide includes a description of specific techniques and their relative strengths and weaknesses.

#### Plans for April 2002 – March 2003

- We will publish an Evaluation Guide on Community Engagement in **May 2002**

### C2 FAMILY SUPPORT

#### Progress in January 2001- March 2002

- We commissioned a literature review to find out what is known from the evidence base and conducted a mapping of current provision in the statutory and voluntary sectors.

#### Plans for April 2002 – March 2003

- We will be reviewing evidence of effective approaches to family support and carrying on a dialogue with families, voluntary organisations and service providers to gain an understanding of the problems and issues to be addressed.
- We will publish the findings of the literature review by **July 2002** to provide DATs, partner agencies and Family Support Groups with information about effective practice.
- We will work with a Reference Group from the field to draw together all the evidence and produce key principles to guide the development of family support services. We will also set out core elements of an effective service. The report will be published by **October 2002** and will be followed by a number of dissemination events.
- As part of implementation, we will explore the development of a Family Support Network in Scotland to fulfil the commitment made by the Executive following the national drug conference in September 2001.

### C3 ARREST REFERRAL

#### Progress in January 2001 – March 2002

- We have examined the available and emerging evidence on Arrest Referral from England and Wales. In September 2001, we held a seminar with DATs, Police, Social Work and the voluntary sector to explore their knowledge and experience of arrest referral and identify core elements in establishing a successful scheme. We have now produced a guide to arrest referral, published in **March 2002**, as a first step to promoting effective practice.

#### Plans for April 2002 – March 2003

- We will support Executive's Central Research Unit to develop the evaluation of a number of Arrest Referral schemes. Emerging learning from the evaluation will be disseminated widely to assist the successful development of schemes across Scotland.

### C4 SOCIAL EXCLUSION

#### Progress in January 2001 – March 2002

- The report of the Social Inclusion, Housing and Voluntary Sector Committee Inquiry into Drugs Misuse identified education, training and employment for drug users as a key factor in reintegration into the community. We incorporated the findings from the Inquiry's Report into our research review "Moving On" of Education, Training and Employment for Recovering Drug Users.

### SUMMARY OF WORK ON COMMUNITIES

Topic	Progress	Plans
Community engagement	Published Guide to Community Engagement ( <b>January 2002</b> )	Evaluation Guide ( <b>May 2002</b> )
Family Support	Literature Review commissioned	Produce key principles and elements of effective practice ( <b>October 2002</b> )  Explore the development of a Family Support Network
Arrest Referral	Seminar held <b>September 2002</b>  Arrest Referral Guide published ( <b>March 2002</b> )	Dissemination event  Support evaluation of pilot Arrest Referral schemes
Social Exclusion	Included findings from Committee Inquiry into Drugs Misuse in 'Moving On' report	

## **D. TREATMENT AND REHABILITATION**

### **D1 INTEGRATED CARE**

#### **Progress in January 2001 – March 2002**

**We undertook to review research evidence and current practice in shared care arrangements for drug users with a view to developing a model of integrated care. Specifically, we undertook to produce outline initial guidance in January 2001, drawing on the knowledge and experience of managers and practitioners in the statutory and voluntary sector through a Reference Group**

- We published Initial Guidance on Shared Care Arrangements in **January 2001**. We then held 5 consultation workshops around Scotland in **March/April 2001** to obtain views from a range of agencies e.g. Health, Social Work, Primary Care, Drug Services, on the elements of shared care identified in the Initial Guidance. We published a report of the consultation seminars in **May 2001**. The findings have provided the basis for the work of the Reference Group and its sub-groups.
- In **June 2001** we set up sub-groups on accessibility and assessment and this work was completed in **March 2002**. The work on accessibility includes a survey of users' views of access to services. The work on assessment includes research into assessment tools and a study of users' views and experiences of current assessment processes.
- In **March 2002** we brought together a sub-group to examine effective practice in Planning and Delivery of Care. The work on accessibility and assessment will be used to inform the work of that Group.

#### **Plans for April 2002 – March 2003**

- We will draw together the components of the completed work on accessibility and assessment and work with colleagues in the Executive, and specifically with the Joint Futures Team, to ensure that the outcomes from our work fit within the new developments on Single Shared Assessment.
- We will complete our work on planning and delivery of care by **May 2002**. Key topics will be person-centred planning, advocacy and co-ordination of care.
- There are a number of important aspects of treatment and care that underpin all the components of an integrated care model: management information, quality standards, training, monitoring and evaluation. We plan to examine the best way of addressing these issues with the Reference Group and through a wider consultation of agencies and professional groups by **June 2002**.
- We will publish the final report in **October 2002**. It will set out a framework for the design and delivery of a model of integrated care for drug users under the 6 Key Elements : Accessibility, Assessment, Planning , Delivery, Monitoring and Evaluation. We plan to produce a number of supporting documents and a CD-Rom.
- The Executive will develop an implementation plan and there will be a series of dissemination events

## **D2 TREATMENT REVIEWS**

### **Progress in January 2001 – March 2002**

**We identified the need for work on the effectiveness of drug treatments in our Research Programme.**

- We have drawn together existing evidence on the effectiveness of drug therapies (including methadone, buprenorphine, dihydrocodeine and others) from systematic reviews conducted internationally
- We have commissioned a review and synthesis of existing research evidence on the effectiveness of treatment delivery for opiate users which will include residential rehabilitation, community maintenance and community detoxification. The findings will be available in **June 2002**
- We have also commissioned a national survey of treatment for opiate dependence in Scotland, completed in **April 2002**

### **Plans for April 2002 – March 2003**

- We will make available the findings from the treatment reviews on drug therapies, approaches to delivery and the national survey of opiate dependants in **June 2002**. The information from these reviews will be incorporated into the work on integrated care.

## **D3 HEPATITIS C**

### **Progress in January 2001 – March 2002**

**In the Research Programme, we undertook to evaluate the effectiveness of interventions designed to prevent the transmission of Hepatitis C.**

- During 2001 we worked with an Expert Group to identify key areas for research and evaluation. We are now working with a smaller research group to take this work forward, including a synthesis of existing information and evidence about approaches to prevention of Hepatitis C due to be published in **April 2002**.
- In the Research Competition held in Autumn 2001, 3 studies related to prevention of Hepatitis C were successful: a pilot on the use of citric acid; a study of needle exchange data in the Glasgow NHS Board area; and a pharmacokinetic study and controlled trial of paraphernalia.

### **Plans for April 2002 – March 2003**

- A project designed to explore the injecting preparation practices of injecting drug users in Scotland will begin in **April 2002**. This project will examine in detail the quantities and types of paraphernalia used in the injecting process.
- The project on injecting preparation practices will help inform a pharmacokinetic study that will begin in **late 2002**. This study will examine the safety, risks and outcomes of using paraphernalia. The first stage of this study is laboratory based, the second stage is a controlled trial of paraphernalia.

- A number of evaluations of interventions designed to prevent HCV will also be funded through the Drug Misuse Research Programme. These evaluations will focus on the effectiveness of primary prevention of HCV among injecting drug users

#### **D4 SPS TRANSITIONAL CARE**

##### **Progress in January 2001 – March 2002**

**We undertook to work with the Scottish Prison Service to evaluate the effectiveness of the through care arrangements to support drug using prisoners make the transition from prison back into the community.**

- We worked with SPS and the contractors for the new Transitional Care arrangements, Cranstoun Drug Services, to develop the scope and criteria for the evaluation. We ran a tender information meeting for interested research contractors in March.

##### **Plans for April 2002 – March 2003**

- We will commission an evaluation in **April 2002** of the SPS Transitional Care Initiative. The 12-week post-release programme is designed to help individuals released to get access to appropriate community services that meet their assessed needs. The evaluation will be a longitudinal cohort study (recruiting over a six month period) that will include both process and outcome measures. The evaluation will run from **May 2002 to August 2004**. Results from the main element of the evaluation should be available in early 2004.

#### **D5 TRAINING AND EMPLOYMENT**

##### **Progress in January 2001 – March 2002**

**We undertook to examine the range of initiatives designed to help drug users into training and employment with a practical focus on how DATs and their partner agencies could link more effectively to agencies and organisations which manage education, training and employment opportunities.**

- We carried out a research review which included a literature review of relevant international evidence, a mapping exercise to examine current provision and a qualitative study to obtain the views of managers, practitioners and users of services. In **September 2001**, we published "Moving On", a report of our findings about effective approaches to helping recovering drug users into education, training and employment.
- We disseminated the Report widely and held 7 multi-agency regional seminars across Scotland in **October and November 2001**. These events brought together drug services, education, training and employment agencies to build partnerships and encourage networking.
- There are now 4 Employment Co-ordinators appointed by SDF who are working with DATs to develop the range of services designed to help drug users get access to training, education and employment. The Employment Service has also appointed Co-ordinators to take forward the Progress2Work initiative to support this group. An implementation plan is now being developed across the Scottish Executive

### **Plans for April 2002 – March 2003**

- We will publish an Evaluation Guide on Employability in **April 2002**.
- We will also produce a guide to partnership working in education, training and employment by **July 2002**

### **D6. PSYCHOSTIMULANTS**

#### **Plans for April 2002 – March 2003**

**We have identified a need for research into psychostimulant use and treatment.**

- The EIU are currently contributing to the work of the SACDM Psychostimulants Working Group (PSWG) by preparing a review of the published literature on psychostimulant use and the approaches to treatment and prevention. The PSWG will report to SACDM in June 2002. Thereafter it is anticipated that the EIU will take forward further work on psychostimulants based on SACDM's recommendations

## SUMMARY WORK ON TREATMENT AND REHABILITATION

Topic	Progress	Plan
Integrated Care	Reference Group set up Sup groups established  Initial Guidance on Shared Care issued February 2001	Complete work by <b>June 2002</b>  Publish Integrated Care Framework in <b>October 2002</b>  Implementation plan and dissemination events
Treatment Reviews	EIU review of drug therapies.  Commissioned survey of opiate treatment services and review of effectiveness of treatment approaches.	Make findings available in <b>June 2002</b> from reviews  Incorporate into integrated care report
Hepatitis C	Expert group identified key areas for research and evaluation  3 HCV research studies funded from research competition	Commission qualitative study to explore injecting preparation practices ( <b>April 2002</b> )  Begin pharmacokinetic study on safety, risks and outcomes of using paraphernalia ( <b>late 2002</b> )
SPS Transitional Care	Developed scope and criteria for evaluation	Commission evaluation ( <b>April 2002</b> )
Training and Employment	Published research review " Moving On" ( <b>September 2001</b> )	Evaluation Guide on Employability Programmes ( <b>April 2002</b> ) A guide to partnership working in ( <b>July 2002</b> )
Psycho stimulants	Contributed to SACDM Working Group	Further work based on SACDM recommendations

## E. AVAILABILITY

### Progress in January 2001 – March 2002

**We undertook in the Research Programme to work with the SDEA and researchers in England to examine the effectiveness of supply side initiatives.**

- We ensured the inclusion of a Scottish component to Home Office funded work to develop criteria for effectiveness in evaluating police action against drugs availability. As a result a workshop was held with representatives of Scottish forces and the SDEA. The report of this work is yet to be published by the Home Office.
- We carried out a review of research on efforts to reduce the availability of drugs to inform the development of research projects in the next year.

### Plans for April 2002 – March 2003

- We will work with the Scottish Drug Enforcement Agency and the Association of Chief Police officers in Scotland (ACPOS) to take forward work informed by the research review. We plan to take forward two projects: evaluating the effectiveness of police action against local drug markets and exploring the characteristics of the middle market drug supply.
- We will continue to sit on the Home Office chaired Supply Side Research Board to ensure that our planned research on availability is informed by, complements, and contributes to the developing UK research evidence base on tackling the availability and supply of drugs.

## SUMMARY OF WORK ON AVAILABILITY

Topic	Progress	Plan
Availability	Research review into availability of drugs	Commission evaluation of police action against local drug markets by <b>June 2002</b>  Develop and commission research on middle market drug supply by <b>Autumn 2002</b>

## **Appendix A**

### **EFFECTIVE INTERVENTIONS UNIT CONSULTATIONS JUNE 2000 – MARCH 2002**

#### **4 EIU Consultation workshops, September – October 2000**

- Edinburgh
- Glasgow
- Dundee
- Inverness

#### **5 consultation seminars on 'Initial Guidance on Shared Care Arrangements for Drug Users', March – April 2001**

- Ayr
- Glasgow
- Dumfries
- Edinburgh
- Aberdeen

#### **2 Research seminars, April – May 2001**

- Both Stirling

#### **1 Arrest Referral Event, September 2001**

- Dundee

#### **7 'Moving On' seminars, October – November 2001**

- Dunfermline
- Erskine
- Hamilton
- Edinburgh
- Aberdeen
- Inverness
- Glasgow

## Appendix B

### EFFECTIVE INTERVENTIONS UNIT REFERENCE GROUPS

Shared Care Reference Group:

Meetings: 4

Membership:

Dr Hugh Whyte, Scottish Executive  
Kay Roberts, Greater Glasgow PC NHS Trust  
Dougie Montgomery, Highland Health Board  
Ray De Souza, Edinburgh Council  
Jane Martin, EIU  
David Liddell, SDF  
Tom Leckie, Scottish Executive  
Rosina Weightman, GP Liaison Nurse  
Grahame Cronkshaw, Addictions Manager  
Nick Royle, SPS  
Iona Colvin, Glasgow City Council  
Dr John Loudon, Scottish Executive  
Pat Lerpiniere, Addictions Manager  
Dr Charles Lind, Ayrshire & Arran PC Trust  
Patricia Russell, EIU  
Dr Andy Russell, GP, Tayside PC NHS Trust  
Andy Rome, EIU  
Paul Stroner, ISD  
Dr Tom Gilhooly, Glasgow Drug Problem Service  
Dr Brian Kidd, Forth Valley SAT

Accessibility Sub-group:

Meetings: 4

Sue Irving, Scottish Executive  
Michael Cadger, Crew 2000  
Dougie Montgomery, Highland Health Board  
Marilyn Blain, The SUN Project  
George Romanes, Pharmacist, Eyemouth  
Iona Colvin, Glasgow City Council  
Jane Martin, EIU  
Andy Rome, EIU  
Dr Tom Gilhooly, Glasgow Drug Service  
Alex Meikle, SDF  
Steven Hatcher, Lanarkshire Drug Service  
Dr Charles Lind, Ayrshire & Arran PC Trust  
John Glenday, Tayside Drug Problem Service  
Linsey Duff, ISD

## Planning & Delivery of Care Sub-group

Meetings: 1

Membership:

Pat Lerpiniere, Addictions Manager  
Simon Rayner, Aberdeen IDS  
Liz Taylor, Scottish Executive  
Alistair Pender, South West Angus Council  
Netta McIver, Turning Point Scotland  
Jane Martin, EIU  
Patricia Russell, EIU  
Andy Rome, EIU  
Lee Davie, Borders Addiction Team  
Dr Roy Robertson, GP, Edinburgh  
Dr Alex Baldacchino, Fife PC NHS Trust  
Margot Ferguson, W. Lothian Drug & Alcohol Service

Assessment Sub-group:

Meetings: 2

Membership:

Patricia Russell, EIU  
Ray De Souza, Edinburgh Council  
Gail Gilchrist, Greater Glasgow Health Board  
Julie-Anne Jamieson, Beattie Committee  
Nicola Richards, EIU  
Kay Roberts, Greater Glasgow PC NHS Trust  
Andy Rome, EIU  
Fiona Philipson, Bridges Project  
Tom Leckie, Scottish Executive  
Dr Brian Kidd, Forth Valley SAT  
Phil Hogben, Phoenix House  
Kirsteen Bristow, Big River Project

Hepatitis C Research Group:

Meetings: 3

Membership:

Patricia Russell, EIU  
Jim Sherval, CHADS  
Dr Syed Ahmed, Greater Glasgow Health Board  
Sally Haw, HEBS  
Dr Elizabeth Stewart, Scottish Executive  
Joe Brown, Scottish Executive  
Paul Stroner, ISD  
Avril Taylor, SCIEH  
Anita Morrison, EIU

Hepatitis C Expert Working Group:

Meetings: 2

Membership:

Dr Syed Ahmed, Greater Glasgow Health Board  
Joe Brown, Scottish Executive  
Sally Haw, HEBS  
Alex Meikle, SDF  
Kay Roberts, Greater Glasgow PC NHS Trust  
Paul Stroner, ISD  
Patricia Russell, EIU  
Anita Morrison, EIU  
Dr Nicola Richards, EIU  
Avril Taylor, SCIEH  
Jim Sherval, CHADS  
Dr Roy Robertson, GP, Edinburgh  
Jill Lewis, Scottish Executive  
Jim Stephen, Scottish Executive  
Christine Duncan, Health Promotion

Robertson Trust Advisory Group:

Meetings: 2

Membership:

Godfrey Robson, Scottish Executive  
Iona Colvin, Glasgow City Council  
Prof. Michael Gossop, National Addiction Centre  
Tom Leckie, Scottish Executive  
Neil McKeganey, CDMR, Glasgow University  
Wai-yin Hatton, Ayrshire & Arran NHS Board  
Nick Bland, EIU  
Dave Liddell, SDF  
Jim Carroll, Chairman, ANSA

Dr John Loudon, Scottish Executive  
Peter Craig, Scottish Executive  
Jacquie Roberts, Social Work, Dundee  
Patricia Russell, Scottish Executive  
Paul Stroner, ISD  
Brian Kidd, Forth Valley SAT  
Dr Laurence Gruer, Greater Glasgow NHS Board  
Grahame Cronkshaw, Addictions Manager  
Christine Bond, Grampian NHS Board

Methodology Sub-group:

Meetings: 2

Membership:

Dr Laurence Gruer, Greater Glasgow NHS Board  
Dr Brian Kidd, Forth Valley SAT  
Christine Bond, Aberdeen University  
Prof. Neil McKeganey, CDMR, Glasgow University  
Nick Bland, EIU  
Patricia Russell, EIU  
Paul Stroner, ISD  
Prof. Michael Gossop, National Addiction Centre

Young People's Treatment Services Reference Group:

Meetings: 2

Membership:

Mike Baxter, Scottish Executive  
Mike Brown, Scottish Executive  
Ray De Souza, Edinburgh Council  
Lis Hill, Tayside DAT  
Gordon Irvine, Scottish Children's Reporter  
Dr Nicola Richards, EIU  
Dr Sarah Sieley, CORA House  
Dr Hugh Whyte, Scottish Executive  
Deirdre Watson, Who Cares Scotland  
Patricia Russell, EIU  
Jackie McRae, Scottish Executive  
Neil Hunter, South Lanarkshire Social Work  
John McCaig, HM YOI, Polmont  
Iain Cowden, Scottish Executive  
Nick Bland, EIU

Training & Employment Research Group:

Meetings: 2

Membership:

Theresa Haran, Scottish Enterprise  
Mike McCarron, Glasgow DAT  
Alex Meikle, SDF  
Ray De Souza, Edinburgh DAT  
Justine Walker, CoSLA  
Julie-Anne Jamieson, Scottish Executive  
Dr Nicola Richards, EIU  
Anita Morrison, EIU  
David Smart, David Smart Consultancy  
Haris Martinos, LRDP  
Patricia Russell, EIU  
Zoe Ferguson, Scottish Executive  
Kathleen Robertson, Scottish Executive  
Iain Witherington, People Development  
Marta Ann Smart, Lanarkshire DAT  
Alan McGregor, Glasgow University  
Charlie Husband, Employment Service

## Appendix C

### EFFECTIVE INTERVENTIONS UNIT - PUBLICATIONS LIST

- Consultation Workshops Report (November 2000)
- Initial Guidance on Shared Care (January 2001)
- Work Programme (January 2001)
- Scottish Executive Drug Misuse Research Programme 2001-2004 (February 2001)
- Dissemination policy (April 2001)
- Initial Guidance on Shared Care Arrangements: Consultation Workshops Report (May 2001)
- Evaluation framework (May 2001)
- Drug Misuse Research Seminars Report (June 2001)
- Evaluation Guide 1: Definitions and Common Concepts (June 2001)
- Evaluation Guide 2: Planning an Evaluation (July 2001)
- Evaluation Guide 3: Designing an Evaluation (August 2001)
- Evaluation Guide 4: Implementing an Evaluation (September 2001)
- Moving On: Education, Training and Employment for Recovering Drug Users (October 2001)
- Evaluation Guide 5: Reporting and Dissemination (October 2001)
- Evaluation Guide 6: Designing an Economic Evaluation (November 2001)
- Effective Engagement: A Guide to Principles and Practice (January 2002)
- Evaluation Guide 7: Using Assessment Data for Evaluation (February 2002)
- Evaluation Guide 8: Evaluating Outreach Services (March 2002)
- Arrest Referral: A Guide to Principles and Practice (March 2002)

## Appendix D

### Drugs Misuse Research Programme commissioned projects 2001-2002

<b>Title</b>	<b>Lead researcher</b>	<b>Timescale</b>
Qualitative consultation with drug users on training and employment	Local and Regional Development Planning (LRDP)	Completed
Survey of existing opiate treatment in Scotland	Simon Naji, Health Services Research Unit, University of Aberdeen	October 2001-March 2002
Research review of Treatment Services for Young People with existing or developing drugs misuse problems	Steve Burniston, York Consulting and Dr Lawrie Elliott, Dundee University	Completed April 2002
Literature review: the effectiveness of the Lifeskills training drug education programme	Dr Niall Coggans, University of Strathclyde	January-April 2002
Literature review: the effectiveness of treatment for drug users	Dr Catriona Matheson, Univ of Aberdeen	September 2001-May 2002
Literature review: support for families of drug users	Dr Sarah Cunningham-Burley, Centre for Research on Families and Relationships, University of Edinburgh	March-June 2002
Evaluation of an instrument to measure attitudes of mental health professionals to drug users	Prof. Hazel Watson Glasgow Caledonian University	January-September 2002
Evaluation of Greater Glasgow pharmacy needle exchange data	Kay Roberts, Greater Glasgow Primary Care NHS Trust	January-September 2002
Exploring the injecting preparation practices of IDUs	Prof. Avril Taylor, Paisley University	March 2002-November 2002
Integrated drug service monitoring and effectiveness	Simon Rayner, NHS Grampian	February 2001-January 2003
Evaluation of pilot provision of single sachets of citric acid to IDUs	Kay Roberts, Greater Glasgow Primary Care NHS Trust	March 2002-March 2003
The role of substance misuse nurses	Dr Catriona Matheson, Univ of Aberdeen	February 2002-March 2004
Safety, risks and outcomes from the use of injecting paraphernalia among IDUs	Dr Jenny Scott, University of Bath	Late 2002-March 2004
Evaluation of new intervention for Neonatal Abstinence Syndrome and visual impairment in infants of substance misusing mothers	Dr Elizabeth Myerscough, Royal Aberdeen Children's Hospital	February 2002-March 2004

## Other Scottish-funded Drugs Misuse Research

Projects	Funders	Timing
Evaluation of the impact of leisure interventions on drug use and offending	Central Research Unit-Justice Department (CRU-JD)	Completed
Evaluation of Drug Testing and Treatment Orders (DTTOs)	CRU-JD	Completed
Arrestee Drug Abuse Monitoring (ADAM)-feasibility study	CRU-JD	Completed
Evaluation of pilot Drug Court in Glasgow	CRU-JD	2001-2004
Children of drug dependent parents	Chief Scientist's Office (CSO)	Completed
Systematic follow-up of eligible individuals drawn from 1996 Glasgow cohort of methadone users	CSO	2001-2004
Prevalence and impact of substance misuse in schizophrenic patients in rural and urban areas	CSO	Completed
Randomised trial of methadone versus dihydrocodeine	CSO	2000-2003
<a href="#">Estimating the National and Local Prevalence of problem Drug Misuse in Scotland</a>	Information and Statistics Division (ISD), NHS Scotland	Published November 2001
Scottish Schools Adolescent Lifestyle and Substance Use Survey	ISD	Survey in 2002
Robertson Trust Drug Misuse Research programme: <ul style="list-style-type: none"> <li>• Drug Outcomes Research in Scotland (DORIS)</li> <li>• The avoidance of drug misuse</li> <li>• Reviewing the evidence of effectiveness in drug prevention</li> </ul>	Robertson Trust	2001-2005

## Appendix F

### Drugs Misuse Research Programme research topics to be commissioned 2002-2003

<b>Research topics</b>	<b>Start dates</b>
Evaluation of SPS Transitional Care Initiative	April 2002
Vulnerable young people	May 2002
Evaluation of Lloyds TSB Partnership Drugs Initiative	June 2002
Availability-evaluation of police action against local drug markets	June 2002
Evaluation of HCV pilot interventions	June 2002
Co-morbidity –review/evaluations	Autumn 2002
Availability-middle market drug supply	Autumn 2002
Psychostimulants	Autumn 2002