

**“It was only a quarter of an ounce,
but now I’ve got a criminal record”**

Trouble with cannabis? Call 01506 430 225

www.thetroublewith.com

**“I don't think he realises
how risky it is, I don't want him to
kill himself but don't know
what to say”**

**Trouble with solvents? Call 01506 430 225
www.thetroublewith.com**

Trouble with booze? Call 01506 430 225
www.thetroublewith.com

**"If I hadn't been so steamin'
I'd *never* have done it"**

**“I don't want to nag her about it,
but I really wish she'd stop
smoking around the kids”**

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Trouble with drugs, fags or booze?

For more information and advice call:

West Lothian Drug & Alcohol Service 01506 430 225

Youth Action Project 01506 461 588

Alcoholics Anonymous 0845 769 7555 (24 hours)

Re-Solv (solvents) 01506 881 498

SW Drugs Team 01506 775 666

Alcohol Problems Service 01506 419 666 ext: 5401

Smoking Cessation Clinic 01506 419 666 ext: 3000

Smokeline 0800 84 84 84

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